

MSC	NR	NAZWISKO	IMIĘ	PLEĆ	Rok ur.	MIEJSCOWOŚĆ	KLUB	plywanie	poz. pływanie	t1	czas rower	poz. rower	t2	5 km	bieg	poz. bieg	WYNIK	Klas. plci	Klas. wiek.	Klas. Inna kat.
1	221	PAWEŁ	MIZIARSSKI	M	1990	REDA		00:13:43	1	00:00:46	01:06:26	1	00:00:48	01:41:52	00:39:45	1	02:01:28	M/1	M20/1	
2	1	JAKUB	KIMMER	M	1988	ZELÓW	TTPSC	00:14:33	4	00:00:58	01:08:11	3	00:00:38	01:44:49	00:41:41	6	02:06:01	M/2	M30/1	MWŁ/M/1
3	231	MARCIN	LIPOWSKI	M	1982	WARSZAWA	TRINERGY	00:15:00	7	00:01:36	01:08:29	5	00:00:56	01:46:55	00:41:36	5	02:07:37	M/3	M30/2	
4	109	RAFAŁ	PIEKARSKI	M	1996	OPOCZNO	HUROM TRI TEAM	00:13:48	2	00:00:54	01:12:01	13	00:00:37	01:47:19	00:41:23	3	02:08:43	M/4	M20/2	MWŁ/M/2
5	9	SYLWESTER	ŻYDKIEWICZ	M	1970	ŁÓDŹ	BIEGACZ NOWOSOLNA	00:15:21	11	00:01:32	01:11:51	11	00:00:55	01:49:55	00:40:42	2	02:10:21	M/5	M40/1	MWŁ/M/3
6	211	JACEK	GARDENER	M	1964	ŁOWICZ	VICTOIA ZABOTÓW	00:16:44	34	00:01:24	01:08:27	4	00:00:54	01:49:38	00:43:42	11	02:11:11	M/6	M50/1	MWŁ/M/4
7	284	ARTUR	ZAWADZKI	M	1978	WARSZAWA	TRINERGY TEAM	00:15:47	16	00:01:19	01:08:08	2	00:00:56	01:48:52	00:45:18	21	02:11:28	M/7	M40/2	
8	245	DARIUSZ	MAZURKIEWICZ	M	1978	SMOLEC		00:16:37	29	00:01:43	01:09:41	7	00:01:08	01:50:16	00:42:23	7	02:11:32	M/8	M40/3	
9	239	MARCIN	KRASOŃ	M	1981	WARSZAWA	SMASHING PAKPINS / NBR TEAM / TRINERGY	00:17:33	58	00:01:37	01:10:42	8	00:01:25	01:52:01	00:41:30	4	02:12:47	M/9	M30/3	
10	303	MATEUSZ	WALCZAK	M	1978	WARSZAWA		00:15:06	8	00:01:20	01:09:13	6	00:01:05	01:49:29	00:46:12	26	02:12:56	M/10	M40/4	
11	244	OLGA	KOWALSKA	K	1988	WARSZAWA	TRINERGY TEAM	00:14:48	6	00:01:07	01:13:33	19	00:01:00	01:51:49	00:42:34	8	02:13:02	K/1	K30/1	
12	10	ROBERT	WODYŃSKI	M	1972	ZGIERZ	TRINERGY	00:15:39	15	00:01:14	01:12:01	12	00:00:54	01:52:27	00:44:57	17	02:14:45	M/11	M40/5	MWŁ/M/5
13	17	KRZYSZTOF	KONIECZNY	M	1979	JÓZEFOSŁAW	TRIAFUN	00:16:39	31	00:01:09	01:10:57	9	00:01:00	01:51:55	00:45:03	18	02:14:48	M/12	M30/4	
14	265	KAMIL	DUPLICKI	M	1981	SOCHACZEW	WMT	00:16:32	24	00:01:11	01:13:57	22	00:00:44	01:53:41	00:43:24	10	02:15:48	M/13	M30/5	
15	259	TOMASZ	SOCHA	M	1968	WARSZAWA	TRINERGY TEAM	00:16:46	35	00:01:31	01:11:49	10	00:01:20	01:53:58	00:44:34	15	02:16:00	M/14	M50/2	
16	202	TOMEK	BARTOSIEWICZ	M	1984	ŻYRARDÓW	ARTURKUREK.PRO	00:17:07	48	00:01:19	01:14:31	25	00:01:00	01:55:58	00:43:48	13	02:17:45	M/15	M30/6	
17	281	KAMIL	KURCZEWSKI	M	1988	ZGIERZ	PULS TRI TEAM	00:16:38	30	00:01:12	01:14:12	24	00:01:03	01:55:44	00:44:53	16	02:17:58	M/16	M30/7	MWŁ/M/6
18	52	ROBERT	JASION	M	1991	ŁÓDŹ	ONLY YOU	00:17:20	55	00:01:53	01:14:37	26	00:00:41	01:58:00	00:45:30	23	02:20:01	M/17	M20/3	MWŁ/M/7
19	84	KRZYSZTOF	DRYJA	M	1979	ŁÓDŹ		00:16:49	37	00:01:43	01:14:42	27	00:00:58	01:57:25	00:46:03	25	02:20:15	M/18	M30/8	MWŁ/M/8
20	278	EMIL	OKRĄGLY	M	1982	WARSZAWA		00:17:13	52	00:01:18	01:15:35	36	00:00:56	01:57:38	00:45:25	22	02:20:27	M/19	M30/9	
21	43	JACEK	LITAWA	M	1970	WARSZAWA		00:16:36	28	00:01:35	01:14:45	28	00:01:04	01:57:25	00:46:40	29	02:20:40	M/20	M40/6	
22	26	BARTEK	DANEK	M	1973	WARSZAWA	TRINERGY	00:15:54	18	00:02:04	01:18:06	55	00:01:00	01:58:44	00:43:42	12	02:20:46	M/21	M40/7	
23	85	TOMASZ	HEPNER	M	1988	CHODZIEŹ	KAWA KAMP TEAM	00:17:41	65	00:01:21	01:13:22	17	00:00:40	01:56:21	00:47:50	34	02:20:54	M/22	M30/10	
24	288	WOJTEK	WCISŁO	M	1981	WARSZAWA	TRINERGY TEAM	00:18:18	89	00:01:46	01:13:04	14	00:00:48	01:58:26	00:47:24	32	02:21:20	M/23	M30/11	
25	120	DANIEL	WÓJCIC	M	1978	KATOWICE	SILESIAAN TEAM	00:17:56	74	00:01:37	01:15:15	35	00:00:42	01:58:45	00:46:25	28	02:21:55	M/24	M40/8	
26	222	MARCIN	SZKUTA	M	1976	PIASECZNO	KUŹNIA TRIATHLONU	00:18:02	80	00:01:26	01:17:17	50	00:00:53	01:59:45	00:44:28	14	02:22:06	M/25	M40/9	
27	242	MICHAŁ	PAŹ	M	1978	WARSZAWA	NEON TEAM	00:16:14	21	00:01:28	01:13:56	21	00:01:26	01:57:35	00:49:06	50	02:22:10	M/26	M40/10	
28	139	PAWEŁ	ZBIEZAK	M	1989	ŁÓDŹ	SNG WILD DUCKS	00:19:14	115	00:02:00	01:14:58	30	00:00:55	02:00:09	00:45:07	19	02:22:14	M/27	M20/4	DEBIUT/M/1 MWŁ/M/9
29	129	IGNACY	KAIM	M	1989	WARSZAWA	LITT	00:16:42	32	00:01:23	01:15:48	39	00:00:41	01:57:40	00:47:49	33	02:22:23	M/28	M20/5	
30	277	ŁUKASZ	JAUMIEŃ	M	1984	WARSZAWA	WMT	00:15:19	10	00:01:26	01:16:25	44	00:00:56	01:58:22	00:48:41	45	02:22:47	M/29	M30/12	
31	193	TOMASZ	KAMIŃSKI	M	1982	KOWALEWO POMORSKIE	KOWALEWO BIEGA	00:16:13	20	00:01:44	01:17:18	51	00:00:46	01:59:33	00:46:48	30	02:22:49	M/30	M30/13	
32	213	MICHAŁ	ZABORNIAK	M	1995	ŁÓDŹ		00:15:26	12	00:02:10	01:18:54	61	00:01:03	02:00:10	00:45:37	24	02:23:10	M/31	M20/6	MWŁ/M/10
33	99	ŁUKASZ	KUCHARSKI	M	1983	ŁÓDŹ	K.S. CELIRONMAN	00:17:42	66	00:01:33	01:15:09	33	00:00:57	01:59:14	00:48:06	36	02:23:27	M/32	M30/14	MWŁ/M/11
34	232	ALEKSANDRA	SOSNOWSKA	K	1982	WARSZAWA	TRINERGY	00:14:44	5	00:02:42	01:20:23	76	00:00:53	02:01:19	00:45:09	20	02:23:51	K/2	K30/2	
35	39	RAFAŁ	PAKUŁA	M	1985	STRYKÓW	CYKLOMANIACY	00:15:33	14	00:01:45	01:15:11	34	00:00:45	01:58:08	00:51:18	75	02:24:32	M/33	M30/15	MWŁ/M/12
36	51	MARCIN	KĄZMIERCZAK	M	1974	ŁÓDŹ	CELIRONMAN	00:17:18	54	01:15:15				01:59:13	00:51:27	76	02:25:16	M/34	M40/11	MWŁ/M/13
37	246	PIOTR	HOLDA	M	1977	OLEŚNICA	WWW.GORALKA.COM.PL	00:16:57	40	00:01:31	01:16:15	41	00:01:03	01:59:51	00:49:38	58	02:25:24	M/35	M40/12	
38	228	SERGIUSZ	KULKA	M	1980	LESZNOWOLA		00:16:19	22	00:01:35	01:16:20	42	00:00:58	02:00:52	00:50:24	61	02:25:36	M/36	M30/16	
39	191	RAFAŁ	URBANOWICZ	M	1981	WARSZAWA		00:17:04	43	00:01:57	01:13:45	20	00:01:09	01:59:43	00:51:56	89	02:25:51	M/37	M30/17	
40	263	DANIEL	PIETRZAK	M	1974	ŁÓDŹ	RAJSPORT ACTIVE	00:18:56	107	00:01:44	01:13:06	15	00:01:08	01:59:50	00:51:54	87	02:26:48	M/38	M40/13	MWŁ/M/14
41	205	TOMASZ	GLÓD	M	1976	JÓZEFOSŁAW	COMP TEAM	00:18:33	95	00:03:17	01:14:05	23	00:01:26	02:02:02	00:49:31	54	02:26:52	M/39	M40/14	
42	234	ZDZISŁAW	FILIPOWSKI	M	1970	KONSTANTYNÓW ŁÓDZKI	CELLRONMAN	00:16:36	27	00:02:02	01:16:52	48	00:00:49	02:01:53	00:50:35	64	02:26:54	M/40	M40/15	MWŁ/M/15
43	132	SEBASTIAN	KULESA	M	1977	SIERADZ	SIR-HA SIERADZ	00:17:10	50	00:01:51	01:14:59	31	00:01:07	02:01:17	00:51:53	86	02:27:00	M/41	M40/16	MWŁ/M/16
44	19	KAMIL	DANIELSKI	M	1985	WARSZAWA		00:17:53	73	00:01:24	01:17:33	54	00:00:47	02:02:41	00:49:35	57	02:27:12	M/42	M30/18	
45	23	PAWEŁ	SZYMCZAK	M	1984	ŁÓDŹ	NIE MA	00:19:32	122	00:02:00	01:16:12	40	00:01:15	02:03:04	00:49:22	42	02:27:21	M/43	M30/19	MWŁ/M/17
46	177	RADEK	JAGAS	M	1972	GRABINA	CELIRONMAN	00:17:41	63	00:01:12	01:19:16	69	00:00:54	02:03:28	00:48:28	43	02:27:31	M/44	M40/17	MWŁ/M/18
47	233	MICHAŁ	BORKOWY	M	1975	BOJSZOWY	NIEZRZESZONY	00:20:13	147	00:01:23	01:18:25	58	00:00:55	02:04:17	00:46:53	31	02:27:49	M/45	M40/18	
48	108	JAKUB	KOWALSKI	M	1980	WARSZAWA	TRINERGY	00:19:35	125	00:01:17	01:16:48	46	00:00:52	02:02:57	00:49:33	55	02:28:05	M/46	M30/20	
49	272	SEBASTIAN	LIS	M	1990	ŁÓDŹ		00:15:13	9	00:01:38	01:16:27	45	00:00:57	02:01:27	00:53:59	118	02:28:14	M/47	M20/7	MWŁ/M/19
50	149	MARCIN	SOBCZAK	M	1976	WARSZAWA	TRIWAWA	00:20:02	141	00:01:30	01:16:50	47	00:01:03	02:03:49	00:49:39	59	02:29:04	M/48	M40/19	
51	241	DAWID	KLUZA	M	1989	GNIĄZDÓW	MARIAWITA	00:18:15	88	00:01:35	01:19:43	75	00:00:58	02:04:38	00:49:12	52	02:29:43	M/49	M20/8	
52	30	KRZYSZTOF	KAJETANOWICZ	M	1981	WARSZAWA	TRICLUB	00:20:04	144	00:01:35	01:15:08	32	00:00:59	02:02:54	00:52:06	91	02:29:52	M/50	M30/21	
53	144	JAREK	KOPEĆ	M	1969	ŁÓDŹ	HTF LUDWIK SIKORSKI CELIRONMAN ŁÓDŹ	00:18:02	79	00:01:22	01:13:31	18	00:01:25	02:02:15	00:55:36	140	02:29:56	M/51	M40/20	MWŁ/M/20
54	170	TOMASZ	CINIEWSKI	M	1986	ŁÓDŹ	ZIMNA ZALEWAJKA	00:16:28	23	00:02:01	01:22:01	87	00:01:01	02:05:24	00:48:38	44	02:30:09	M/52	M30/22	MWŁ/M/21
55	40	KRZYSZTOF	PRUCHNIEWSKI	M	1976	STRÓŻA		00:19:37	128	00:01:50	01:19:39	73	00:01:02	02:06:10	00:48:11	39	02:30:19	M/53	M40/21	MWŁ/M/22
56	240	MAREK	OBNIŚKI	M	1985	KRAKÓW		00:15:51	17	00:02:24	01:18:50	60	00:00:55	02:03:42	00:52:21	94	02:30:21	M/54	M30/23	
57	236	DOMINIK	PLÓCIENNIK	M	1992	LUTOMIERSK		00:17:52	71	00:02:29	01:17:22	52	00:00:53	02:05:08	00:52:06	92	02:30:42	M/55	M20/9	MWŁ/M/23
58	114	GRZEGORZ	MICHALSKI	M	1975	GOMULIN		00:18:10	84	00:02:48	01:17:22	53	00:01:15	02:04:55	00:51:15	72	02:30:50	M/56	M40/22	MWŁ/M/24
59	46	TOMASZ	STASZEWSKI	M	1973	ŁÓDŹ	BIEGACZ NOWOSOLNA	00:19:53	137	00:02:										

MSC	NR	NAZWISKO	IMIĘ	PLEĆ	Rok ur.	MIEJSCOWOŚĆ	KLUB	plywanie	poz. pływanie	t1	czas rower	poz. rower	t2	5 km	bieg	poz. bieg	WYNIK	Klas. plci	Klas. wiek.	Klas. Inna kat.
60	158	TOMASZ	ANDRZEJCZAK	M	1988	WŁOCLAWEK	GROSZEK	00:17:04	44	00:01:49	01:19:31	70	00:01:03	02:04:15	00:51:51	85	02:31:18	M/58	M30/24	MWL/M/26
61	238	ARTEM	MIAGKYJ	M	1984	JAWORZE	KS CZARNI JAWORZE	00:16:32	25	00:02:45	01:25:24	116	00:00:48	02:08:23	00:46:13	27	02:31:42	M/59	M30/25	
62	133	LUKASZ	KOLODZIEJCZYK	M	1980	DOBIESZKÓW	GFT POLAND	00:19:49	134	00:01:46	01:18:14	57	00:01:02	02:05:57	00:50:58	69	02:31:49	M/60	M30/26	DEBIUT/M/2 MWL/M/27
63	258	MAGDA	CIOLCZYK	K	1981	WARSZAWA	MBC	00:21:57	176	00:01:45	01:14:54	29	00:01:34	02:05:27	00:51:43	81	02:31:53	K/3	K30/3	
64	214	PRZEMYSŁAW	GRÓDECKI	M	1968	ŁÓDŹ	SNS FOODS TRI TEAM	00:18:11	85	00:02:16	01:17:12	49	00:01:06	02:05:54	00:53:09	105	02:31:54	M/61	M50/3	MWL/M/28
65	257	KRZYSZTOF	PIOTROWICZ	M	1968	LUBLIN		00:18:35	98	00:00:59	01:19:00	64	00:01:07	02:05:34	00:52:27	97	02:32:08	M/62	M50/4	
66	62	DOMINIK	JARZYNSKI	M	1978	ŁÓDŹ	STRIPONS	00:19:22	118	00:01:44	01:18:40	59	00:01:02	02:06:41	00:51:44	83	02:32:32	M/63	M40/24	MWL/M/29
67	223	ARKADIUSZ	BACZEWSKI	M	1980	CZYŻEW		00:20:36	158	00:02:44	01:19:41	74	00:01:33	02:07:59	00:48:18	40	02:32:52	M/64	M30/27	DEBIUT/M/3
68	57	DARIUSZ	ZIELIŃSKI	M	1970	WARSZAWA		00:19:43	131	00:02:08	01:18:08	56	00:01:21	02:07:07	00:51:42	80	02:33:02	M/65	M40/25	
69	20	ŁUKASZ	WALASIK	M	1987	ŁÓDŹ		00:15:28	13	00:01:48	01:26:10	120	00:00:52	02:09:20	00:48:45	46	02:33:03	M/66	M30/28	DEBIUT/M/4 MWL/M/30
70	18	PAWEŁ	MARCINIAK	M	1981	ŁÓDŹ	K.S. CELIRONMAN S.A.	00:17:47	69	00:01:43	01:19:37	72	00:00:55	02:06:40	00:53:04	103	02:33:06	M/67	M30/29	MWL/M/31
71	29	JACEK	WINIARCZYK	M	1971	WARKA	KS START PUŁASKI	00:16:53	38	00:01:54	01:25:15	114	00:01:11	02:09:50	00:48:07	37	02:33:20	M/68	M40/26	
72	55	MICHAŁ	KRAJEWSKI	M	1977	ZGIERZ	KS CELIRONMAN S.A.	00:17:35	60	00:01:47	01:21:00	80	00:01:02	02:07:08	00:51:59	90	02:33:23	M/69	M40/27	MWL/M/32
73	210	BARTOSZ	DĘBSKI	M	1978	RUDA ŚLĄSKA		00:16:57	39	00:02:49	01:19:00	62	00:01:30	02:06:41	00:53:13	106	02:33:29	M/70	M40/28	
74	179	TOMASZ	STRÓŻAK	M	1989	WARSZAWA	JAVA TEAM	00:17:58	76	00:02:43	01:21:21	82	00:01:04	02:08:23	00:50:45	67	02:33:51	M/71	M20/10	
75	140	BŁAŻEJ	BEBEŃCA	M	1983	WARSZAWA	PWC	00:20:04	143	00:03:18	01:21:00	81	00:01:37	02:09:35	00:48:18	41	02:34:17	M/72	M30/30	
76	97	PRZEMYSŁAW	KACPRZAK	M	1983	KONSTANTYNÓW ŁÓDZKI		00:18:28	93	00:02:39	01:20:51	78	00:01:07	02:08:59	00:51:31	77	02:34:36	M/73	M30/31	MWL/M/33
77	287	KAMIL	WÓJCIK	M	1984	ŁÓDŹ		00:17:53	72	00:02:46	01:21:22	83	00:02:27	02:11:24	00:50:32	63	02:35:00	M/74	M30/32	
78	274	ADAM	LEBIODA	M	1970	KATOWICE		00:17:33	59	00:01:50	01:22:10	89	00:01:28	02:08:50	00:52:25	96	02:35:26	M/75	M40/29	
79	216	PRZEMEK	PAWLOWSKI	M	1982	ŻYCHLIN	RAZEM TRENUJEMY SPORT / PIETRZYK RUNNING TEAM	00:19:18	117	00:02:52	01:23:05	95	00:01:23	02:10:51	00:48:54	48	02:35:32	M/76	M30/33	MWL/M/34
80	156	PIOTR	WŁODARCZYK	M	1976	ŁÓDŹ		00:19:13	114	00:02:25	01:19:09	65	00:01:05	02:08:49	00:54:01	119	02:35:53	M/77	M40/30	MWL/M/35
81	142	ANDRZEJ	KRUSZYŃSKI	M	1977	ŁÓDŹ		00:18:39	101	00:02:22	01:23:38	99	00:01:46	02:11:40	00:49:35	56	02:36:00	M/78	M40/31	DEBIUT/M/5 MWL/M/36
82	178	ŁUKASZ	ŚWIERZEWSKI	M	1975	WARSZAWA	SPORTOWARODZINA.PL	00:19:33	123	00:01:51	01:22:16	90	00:01:06	02:10:15	00:51:15	73	02:36:01	M/79	M40/32	
83	182	DARIUSZ	POSZELĘŻNY	M	1974	WARSZAWA		00:21:23	165	00:02:14	01:23:07	96	00:01:22	02:12:04	00:48:00	35	02:36:06	M/80	M40/33	
84	15	MARCIN	DYLIK	M	1981	ALEKSANDRÓW ŁÓDZKI	CELIRONMAN	00:17:45	68	00:01:43	01:23:55	105	00:01:00	02:10:28	00:51:43	82	02:36:06	M/81	M30/34	MWL/M/37
85	165	MARCIN	KOPEĆ	M	1978	ŁÓDŹ	HTF LUBMIŃSKI / CELIRONMAN	00:18:44	103	00:02:53	01:21:47	86	00:00:57	02:09:55	00:51:51	84	02:36:12	M/82	M40/34	MWL/M/38
86	175	FILIP	HEWELKE	M	1977	WARSZAWA	MBC TEAM	00:18:21	90	00:02:27	01:23:00	94	00:01:49	02:10:42	00:50:40	66	02:36:17	M/83	M40/35	
87	78	PAWEŁ	RYSTAW	M	1963	ŁÓDŹ	AKADEMIA TRIATHLONU	00:19:41	130	00:02:25	01:19:00	63	00:01:05	02:09:10	00:54:11	120	02:36:22	M/84	M50/5	MWL/M/39
88	2	PIOTREK	SZYMCZAK	M	1979	ŁÓDŹ	MZK TEAM	00:22:35	189	00:02:11	01:15:38	38	00:01:04	02:08:44	00:55:07	131	02:36:35	M/85	M30/35	MWL/M/40
89	36	TADEUSZ	STUHLIK	M	1969	TARNOWSKIE GÓRY		00:13:59	3	00:01:15	01:25:43	118	00:00:47	02:08:48	00:54:52	128	02:36:36	M/86	M40/36	
90	166	KRZYSZTOF	BROŹ	M	1976	KOŁO	TERMY UNIEJÓW / WWW.PROJEKTOWAKB.PL	00:17:03	42	00:02:18	01:19:12	66	00:00:48	02:07:17	00:57:25	158	02:36:46	M/87	M40/37	
91	116	DAWID	JEZIERSKI	M	1981	ŁÓDŹ	ŁÓDŹ KOCHA SPORT	00:22:52	194	00:02:07	01:27:54	138	00:00:49	02:15:16	00:43:13	9	02:36:55	M/88	M30/36	MWL/M/41
92	79	MICHAŁ	MILLER	M	1978	GŁOWNO	BBKTS	00:17:06	46	00:03:28	01:19:16	67	00:01:47	02:08:51	00:55:22	134	02:36:59	M/89	M40/38	MWL/M/42
93	24	ARTUR	KOSTRZEWSKI	M	1977	DOBROŃ	CELIRONMAN	00:20:14	149	00:02:03	01:13:21	16	00:01:42	02:06:58	01:00:14	190	02:37:34	M/90	M40/39	MWL/M/43
94	12	IZABELA	MARCINIAK	K	1982	ŁÓDŹ	K.S. CELIRONMAN S.A.	00:17:08	49	00:01:57	01:24:22	110	00:00:49	02:10:53	00:53:38	112	02:37:54	K/4	K30/4	MWL/K/1
95	154	JAKUB	ROSZUK	M	1979	OZIMEK	GT KONA	00:17:04	45	00:02:27	01:28:24	147	00:01:12	02:13:57	00:49:25	53	02:38:32	M/91	M30/37	
96	247	TOMASZ	STAŃCZYK	M	1972	KALETY	O CO BIEGA W KALETACH	00:20:24	153	00:02:23	01:23:23	98	00:01:21	02:13:05	00:51:08	71	02:38:39	M/92	M40/40	
97	262	JAROSŁAW	STACHOWSKI	M	1973	WĄBRZEŻNO	MIASTOAKTYWNI.PL	00:22:44	192	00:02:13	01:20:59	79	00:02:18	02:12:56	00:50:38	65	02:38:52	M/93	M40/41	
98	31	TOMASZ	RADOMSKI	M	1988	UJAZD		00:20:03	142	00:01:49	01:16:23	43	00:01:02	02:08:43	01:00:11	189	02:39:28	M/94	M30/38	MWL/M/44
99	167	SŁAWOMIR	ZIEMIAKOWSKI	M	1971	ŁÓDŹ	VEOLIA	00:18:01	78	00:02:19	01:28:05	144	00:00:59	02:14:34	00:50:06	60	02:39:30	M/95	M40/42	MWL/M/45
100	73	SŁAWEK	ŚNIEŻYŃSKI	M	1977	ŁÓDŹ	ACCENTURE RUNNERS CLUB	00:17:21	56	00:02:24	01:22:06	88	00:01:06	02:10:42	00:56:49	150	02:39:46	M/96	M40/43	MWL/M/46
101	189	MICHAŁ	SMOLEŃSKI	M	1980	ŁÓDŹ	ORUN.PL	00:21:28	167	00:02:21	01:26:47	126	00:01:48	02:16:17	00:48:09	38	02:40:33	M/97	M30/39	MWL/M/47
102	194	MARCIN	PTAK	M	1981	ŁÓDŹ		00:20:45	159	00:01:49	01:28:49	152	00:00:57	02:18:09	00:49:11	51	02:41:31	M/98	M30/40	MWL/M/48
103	253	ANDRZEJ	ROŻNIATA	M	1972	GŁOWNO	GŁOWNO W BIEGU	00:20:19	151	00:02:52	01:21:46	85	00:01:26	02:14:20	00:55:49	142	02:42:12	M/99	M40/44	MWL/M/49
104	275	MICHAŁ	MĘDASIK	M	1978	ŁÓDŹ		00:17:43	67	00:02:49	01:23:50	104	00:01:34	02:13:19	00:56:30	147	02:42:26	M/100	M40/45	MWL/M/50
105	96	MARCIN	MASŁOWSKI	M	1979	ŁÓDŹ		00:18:01	77	00:02:14	01:29:36	165	00:01:45	02:17:06	00:50:52	68	02:42:28	M/101	M30/41	MWL/M/51
106	8	WOJCIECH	SZOTA	M	1974	WARSZAWA	MARATONCZYK.PL	00:24:52	228	00:02:58	01:24:20	109	00:01:21	02:18:06	00:48:58	49	02:42:29	M/102	M40/46	
107	215	TOMASZ	LESZKO	M	1979	ŁÓDŹ	SALOS-WODNA ŁÓDŹ	00:18:45	104	00:02:50	01:27:45	136	00:01:15	02:16:26	00:51:55	88	02:42:30	M/103	M30/42	DEBIUT/M/6 MWL/M/52
108	63	MARCIN	JANKOWIAK	M	1984	ZIELONA GÓRA		00:23:21	207	00:02:32	01:23:49	102	00:01:20	02:16:21	00:51:32	78	02:42:34	M/104	M30/43	
109	32	BARTŁOMIEJ	KARWACKI	M	1991	KANIA GÓRA		00:19:11	113	00:03:54	01:22:20	91	00:00:39	02:13:15	00:56:44	148	02:42:48	M/105	M20/11	MWL/M/53
110	200	PIOTR	TWARDOWSKI	M	1983	PABIANICE		00:16:48	36	00:02:02	01:24:43	111	00:01:08	02:12:24	00:58:10	170	02:42:51	M/106	M30/44	MWL/M/54
111	71	PAULINA	SZPILOWSKA	K	1994	PYSKOWICE		00:19:35	126	00:02:05	01:26:56	127	00:00:53	02:15:48	00:53:24	109	02:42:53	K/5	K20/1	
112	280	MACIEJ	LIESE	M	1977	WARSZAWA		00:16:33	26	00:02:16	01:21:45	84	00:01:42	02:12:47	01:00:44	192	02:43:00	M/107	M40/47	
113	90	PAWEŁ	TWARDOWSKI	M	1975	ŁÓDŹ	VERA RUNNING TEAM	00:19:03	109	00:02:15	01:23:49	101	00:01:03	02:14:56	00:56:51	151	02:43:01	M/108	M40/48	MWL/M/55
114	110	ŁUKASZ	JAGODA	M	1981	ŁÓDŹ	NBP	00:16:07	19	00:03:08	01:31:28	178	00:01:34	02:17:48	00:50:59	70	02:43:16	M/109	M30/45	MWL/M/56
115	150	PIOTR	GALANCIAK	M	1983	ŁÓDŹ	CELIRONMAN	00:22:29	185	00:03:30	01:20:42	77	00:01:27	02:15:49	00:55:22	135	02:43:30	M/110	M30/46	DEBIUT/M/7 MWL/M/57

MSC	NR	NAZWISKO	IMIĘ	PLEĆ	Rok ur.	MIEJSCOWOŚĆ	KLUB	plywanie	poz. pływanie	t1	czas rower	poz. rower	t2	5 km	bieg	poz. bieg	WYNIK	Klas. plci	Klas. wiek.	Klas. Inna kat.
116	38	JACEK	MALICKI	M	1956	DOBRA NOWINY	HURTAP	00:22:17	181	00:03:01	01:19:16	68	00:01:13	02:15:04	00:57:50	166	02:43:37	M/111	M60/1	MWL/M/58
117	41	ADAM	MICHALSKI	M	1971	ŁÓDŹ	CELIRONMAN	00:20:06	145	00:03:12	01:27:06	130	00:01:03	02:17:06	00:52:13	93	02:43:40	M/112	M40/49	MWL/M/59
118	206	JAREK	KANIEWSKI	M	1984	WARSZAWA	TRIATHLON SERWIS	00:19:26	119	00:01:59	01:27:03	129	00:00:59	02:15:39	00:54:20	122	02:43:47	M/113	M30/47	
119	48	MICHAŁ	BELDOWSKI	M	1979	JEDLICHE A	GRUPA ODWET	00:18:34	97	00:02:08	01:27:24	134	00:01:13	02:16:08	00:54:35	126	02:43:54	M/114	M30/48	MWL/M/60
120	49	WOJCIECH	PLEWIŃSKI	M	1979	ZALESIE GÓRNE		00:16:42	33	00:02:04	01:23:09	97	00:01:13	02:11:45	01:00:49	193	02:43:57	M/115	M30/49	
121	86	MICHAŁ	KUBIAK	M	1978	ANIELIN SWĘDOWSKI	STRIPON'S	00:18:13	87	00:02:40	01:25:16	115	00:00:52	02:15:24	00:57:15	156	02:44:16	M/116	M40/50	MWL/M/61
122	203	KRZYSZTOF	SROKA	M	1971	ADAMOW-PARCEL	CASTORAMA RUNNING	00:20:29	155	00:04:05	01:22:55	93	00:00:59	02:16:12	00:56:00	144	02:44:28	M/117	M40/51	
123	270	ADAM	PIENCEK	M	1988	LIPCE REYMONTOWSKIE		00:18:11	86	00:02:20	01:27:59	140	00:01:12	02:16:37	00:55:03	130	02:44:45	M/118	M30/50	DEBIUT/M/8 MWL/M/62
124	192	NORBERT	PYNDRYK	M	1981	WARSZAWA	TATO KARINKI I WOJTUSIA	00:18:34	96	00:02:39	01:26:59	128	00:01:56	02:17:05	00:54:41	127	02:44:49	M/119	M30/51	
125	33	KRZYSZTOF	LACKORZYŃSKI	M	1987	WARSZAWA		00:18:28	92	00:02:15	01:29:39	166	00:01:01	02:19:12	00:53:45	113	02:45:08	M/120	M30/52	
126	250	ANDRZEJ	WILCZYŃSKI	M	1990	KRAKÓW		00:19:06	110	00:02:10	01:24:53	113	00:01:03	02:15:29	00:57:59	168	02:45:11	M/121	M20/12	
127	209	TOMASZ	RIEMER	M	1965	ŁÓDŹ	MKT	00:22:20	182	00:03:28	01:26:15	122	00:00:44	02:18:37	00:52:25	95	02:45:12	M/122	M50/6	DEBIUT/M/9 MWL/M/63
128	286	MILENA	BUDREWICZ	K	1986	OTWOCK		00:22:56	196	00:02:01	01:29:23	162	00:01:05	02:20:36	00:50:29	62	02:45:54	K/6	K30/5	DEBIUT/K/1
129	176	ŁUKASZ	MATYSIAK	M	1979	SĘDZIEJOWICE		00:19:02	108	00:02:14	01:25:33	117	00:01:41	02:17:08	00:57:30	160	02:46:00	M/123	M30/53	MWL/M/64
130	101	MIROSLAW	BIJOŚ	M	1980	GŁOGÓW MAŁOPOLSKI	DAWAJ MISIEK	00:21:47	173	00:02:32	01:26:41	125	00:01:13	02:19:09	00:53:53	114	02:46:06	M/124	M30/54	
131	54	MAREK	KOCIĘCKI	M	1982	ZGIERZ		00:18:39	100	00:02:35	01:28:15	145	00:01:11	02:18:14	00:55:28	137	02:46:08	M/125	M30/55	MWL/M/65
132	111	PAWEŁ	CYWIŃSKI	M	1978	ŁÓDŹ		00:21:00	162	00:02:31	01:27:09	131	00:01:52	02:19:00	00:53:38	111	02:46:10	M/126	M40/52	MWL/M/66
133	252	IWONA	ROŹNIATA	K	1973	GŁOWNO	GŁOWNO W BIEGU	00:22:34	188	00:02:45	01:24:09	107	00:02:15	02:19:28	00:54:29	123	02:46:12	K/7	K40/1	MWL/K/2
134	282	DARIUSZ	PAWLAK	M	1969	ŁÓDŹ		00:19:09	112	00:02:13	01:24:01	106	00:01:57	02:16:34	00:59:28	178	02:46:48	M/127	M40/53	MWL/M/67
135	98	MARCIN	TOMASZEWSKI	M	1982	ŁÓDŹ		00:17:11	51	00:03:52	01:29:01	156	00:01:10	02:17:43	00:55:43	141	02:46:57	M/128	M30/56	MWL/M/68
136	227	PAWEŁ	LIS	M	1983	ROKITNICA	JASTRZĘBIE ŁASKIE	00:20:27	154	00:02:47	01:19:31	71	00:02:04	02:15:17	01:02:22	206	02:47:11	M/129	M30/57	MWL/M/69
137	58	TOMASZ	ADAMSKI	M	1971	SIERADZ	TRIPAKA TRIATHLON TEAM	00:23:05	199	00:02:35	01:23:48	100	00:00:56	02:19:15	00:57:20	157	02:47:44	M/130	M40/54	MWL/M/70
138	60	KACPER	PLAŻA	M	1980	ŁÓDŹ	SANDOMIERZU RUNNERS	00:18:04	82	00:02:51	01:24:48	112	00:01:31	02:16:51	01:01:02	195	02:48:16	M/131	M30/58	MWL/M/71
139	186	ARKADIUSZ	JANCZAREK	M	1979	BOŻA WOLA	MBC TEAM	00:19:46	132	00:02:40	01:22:27	92	00:01:31	02:16:49	01:02:28	207	02:48:52	M/132	M30/59	
140	208	TOMASZ	RZEPKA	M	1976	ZGIERZ	CELIRONMAN	00:22:42	191	00:03:13	01:28:52	154	00:01:47	02:22:53	00:52:27	99	02:49:01	M/133	M40/55	MWL/M/72
141	28	JUSTYNA	GRABOWSKA	K	1977	ŁÓDŹ	HTF ŁÓDŹ WIKORSKI	00:20:34	157	00:01:49	01:29:25	163	00:01:25	02:20:35	00:55:52	143	02:49:05	K/8	K40/2	MWL/K/3
142	224	ANDRZEJ	CZESŁAWSKI	M	1980	WARSZAWA		00:18:47	105	00:02:15	01:29:28	164	00:01:03	02:20:28	00:57:46	164	02:49:19	M/134	M30/60	
143	59	ROBERT	ZATORSKI	M	1971	WARSZAWA	SWIMM2TRI SZCZECIN	00:24:13	221	00:03:42	01:24:13	108	00:01:58	02:21:31	00:55:27	136	02:49:33	M/135	M40/56	
144	256	JULIA	CHAJZER	K	1984	WARSZAWA		00:21:46	172	00:01:32	01:28:04	142	00:01:21	02:21:04	00:56:52	153	02:49:35	K/9	K30/6	
145	251	MICHAŁ	SWIDERSKI	M	1974	WARSZAWA		00:19:32	121	01:26:30				02:18:00	01:01:57	201	02:49:46	M/136	M40/57	
146	121	MARZENA	SALAMON	K	1985	BOBROWNIKI		00:23:44	215	00:03:49	01:27:51	137	00:01:04	02:22:57	00:53:18	107	02:49:46	K/10	K30/7	DEBIUT/K/2 MWL/K/4
147	276	JAKUB	JACHIMSKI	M	1983	WARSZAWA	GFT POLAND	00:17:38	61	00:01:31	01:28:01	141	00:00:51	02:18:55	01:01:54	200	02:49:55	M/137	M30/61	
148	138	JACEK	WÓJCIAK	M	1973	BELCHATÓW		00:22:57	197	00:01:55	01:26:28	124	00:03:53	02:23:54	00:55:35	139	02:50:48	M/138	M40/58	MWL/M/73
149	47	PIOTR	KOŁUDZKI	M	1982	ŁÓDŹ	RYSIE	00:19:58	139	00:03:34	01:31:43	180	00:01:24	02:23:46	00:54:17	121	02:50:56	M/139	M30/62	MWL/M/74
150	190	KATARZYNA	ŻBIKOWSKA	K	1983	ŁÓDŹ	BIEGACZKI.PL	00:19:36	127	00:04:16	01:36:46	215	00:01:34	02:26:21	00:48:52	47	02:51:04	K/11	K30/8	MWL/K/5
151	249	MATEUSZ	WARDZYŃSKI	M	1981	ŁÓDŹ		00:17:51	70	00:03:29	01:28:45	151	00:01:19	02:21:13	00:59:44	184	02:51:08	M/140	M30/63	MWL/M/75
152	195	PRZEMYSŁAW	STRUMIAN	M	1989	JUSTYNÓW		00:18:04	81	00:03:38	01:29:21	161	00:01:42	02:20:27	00:58:34	173	02:51:19	M/141	M20/13	DEBIUT/M/10 MWL/M/76
153	279	EWA	SOKOŁOWSKA	K	1975	WARSZAWA		00:17:15	53	00:01:44	01:32:39	188	00:01:42	02:22:04	00:58:12	171	02:51:32	K/12	K40/3	
154	56	KRZYSZTOF	SZOKAL-EGIRD	M	1985	ŁÓDŹ	RYSIE	00:19:07	111	00:04:02	01:32:11	184	00:01:45	02:23:41	00:54:32	125	02:51:37	M/142	M30/64	MWL/M/77
155	87	TOMASZ	SEKŚCIŃSKI	M	1980	ZGIERZ		00:17:00	41	00:02:27	01:31:11	175	00:01:29	02:21:24	00:59:34	180	02:51:41	M/143	M30/65	MWL/M/78
156	64	MARIUSZ	WŁODARCZYK	M	1980	ŁÓDŹ		00:18:26	91	00:03:16	01:34:33	207	00:01:53	02:25:07	00:53:33	110	02:51:41	M/144	M30/66	MWL/M/79
157	153	KRZYSZTOF	CZUBA	M	1971	OZORKÓW		00:22:06	178	00:04:58	01:26:14	121	00:01:41	02:23:11	00:56:47	149	02:51:46	M/145	M40/59	MWL/M/80
158	50	MARCIN	KUJAWSKI	M	1977	ŁÓDŹ		00:19:59	140	00:02:38	01:29:59	168	00:01:30	02:22:51	00:57:47	165	02:51:53	M/146	M40/60	MWL/M/81
159	200	TYMOTEUSZ	BAK	M	1977	RUDA ŚLĄSKA	I-SYSTEMS.PL	00:22:52	195	00:02:40	01:28:43	150	00:01:35	02:24:00	00:56:05	146	02:51:55	M/147	M40/61	
160	127	BARTOSZ	GRZESZCZYK	M	1988	WARSZAWA	OTCF TRIATHLON TEAM	00:22:38	190	00:02:15	01:32:52	192	00:01:47	02:25:30	00:52:31	100	02:52:03	M/148	M30/67	DEBIUT/M/11
161	161	MACIEJ	KOŚCIUK	M	1972	WARSZAWA		00:23:15	203	00:01:56	01:31:21	177	00:02:01	02:25:04	00:53:54	115	02:52:27	M/149	M40/62	DEBIUT/M/12
162	201	ŁUKASZ	GOLIŃSKI	M	1983	ŁÓDŹ	VITADIET SPORT TEAM	00:19:46	133	00:03:24	01:26:25	123	00:01:02	02:20:03	01:01:59	202	02:52:36	M/150	M30/68	MWL/M/82
163	230	ŁUKASZ	WAŁĘDZIAK	M	1986	ŁOWICZ		00:20:55	161	00:03:56	01:32:33	187	00:00:54	02:24:23	00:54:29	124	02:52:47	M/151	M30/69	DEBIUT/M/13 MWL/M/83
164	248	MICHAŁ	PERTKIEWICZ	M	1980	WARSZAWA		00:22:57	198	00:02:14	01:31:01	173	00:01:16	02:25:29	00:55:31	138	02:52:59	M/152	M30/70	
165	128	BARTOSZ	WĘGŁOWSKI	M	1989	WARSZAWA	LITT	00:21:36	169	00:01:57	01:23:50	103	00:01:30	02:20:24	01:04:09	218	02:53:02	M/153	M20/14	
166	159	MICHAŁ	GOSZCZYŃSKI	M	1988	ŁÓDŹ		00:20:07	146	00:03:09	01:31:33	179	00:01:46	02:23:42	00:57:03	154	02:53:38	M/154	M30/71	MWL/M/84
167	25	TOMASZ	TOMCZYK	M	1983	GŁOWNO	GŁOWNO W BIEGU	00:22:00	177	00:03:37	01:32:10	183	00:00:51	02:25:56	00:55:09	132	02:53:47	M/155	M30/72	DEBIUT/M/14 MWL/M/85
168	185	KONRAD	GAJEWSKI	M	1965	PŁOCK		00:17:40	62	00:04:19	01:27:57	139	00:01:26	02:21:51	01:02:30	209	02:53:52	M/156	M50/7	
169	269	ALEKSANDRA	NICGORSKA	K	1993	WARSZAWA		00:19:29	120	00:02:08	01:28:42	149	00:01:31	02:22:15	01:02:06	203	02:53:56	K/13	K20/2	
170	197	PAWEŁ	KOSMATKA	M	1993	ŁÓDŹ	UMED ŁÓDŹ	00:22:24	184	00:04:24	01:34:06	201	00:00:36	02:27:37	00:52:27	98	02:53:57	M/157	M20/15	MWL/M/86
171	123	ROBERT	SZCZAWIŃSKI	M	1974	ŁÓDŹ		00:21:44	171	00:03:37	01:28:36	148	00:02:32	02:25:01	00:57:34	161	02:54:03	M/158	M40/63	DEBIUT/M/15

MSC	NR	NAZWISKO	IMIĘ	PLEĆ	Rok ur.	MIEJSCOWOŚĆ	KLUB	plywanie	poz. pływanie	t1	czas rower	poz. rower	t2	5 km	bieg	poz. bieg	WYNIK	Klas. plci	Klas. wiek.	Klas. Inna kat.
172	218	MICHAŁ	GRYZIAK	M	1974	ŁOMIANKI	TRIATHLON SERWIS	00:22:09	179	00:01:40	01:27:22	133	00:01:49	02:23:15	01:01:06	196	02:54:06	M/159	M40/64	
173	220	SLAWOMIR	BINIEWICZ	M	1971	ŁĘCZYCA		00:23:20	206	00:02:26	01:27:28	135	00:01:13	02:24:12	00:59:44	185	02:54:11	M/160	M40/65	MWL/M/87
174	160	KRZYSZTOF	GOSŁAWSKI	M	1973	PABIANICE		00:24:06	220	00:02:51	01:25:49	119	00:01:59	02:24:37	00:59:48	186	02:54:33	M/161	M40/66	MWL/M/88
175	136	ZBYSZEK	BIAŁECKI	M	1969	ŁÓDŹ	ŁÓDŹ RUNNING TEAM	00:24:21	223	00:04:17	01:31:51	181	00:01:22	02:28:32	00:53:06	104	02:54:57	M/162	M40/67	MWL/M/89
176	91	GRZEGORZ	KLEPACZ	M	1983	ANDRESPOL		00:17:57	75	00:03:18	01:31:06	174	00:01:31	02:22:51	01:01:26	198	02:55:18	M/163	M30/73	MWL/M/90
177	89	TOMASZ	NASTAROWICZ	M	1991	SZADEK	DUCH POSTEPU	00:24:44	227	00:01:09	01:28:49	153	00:01:02	02:24:48	00:59:36	181	02:55:20	M/164	M20/16	MWL/M/91
178	34	SLAWOMIR	MACIEJEWSKI	M	1971	ŁÓDŹ	M-TEAM	00:20:13	148	00:04:39	01:31:17	176	00:01:37	02:25:43	00:57:46	163	02:55:32	M/165	M40/68	MWL/M/92
179	22	PIOTR	KUBIAK	M	1980	ŁÓDŹ	ŁÓDŹ KOCHA SPORT	00:18:49	106	00:04:12	01:35:08	209	00:01:41	02:26:35	00:56:03	145	02:55:53	M/166	M30/74	MWL/M/93
180	88	KATARZYNA	STRUSIŃSKA	K	1982	MIŃSK MAZOWIECKI	TRIPAKA	00:24:16	222	00:01:59	01:29:14	158	00:01:03	02:25:38	00:59:31	179	02:56:03	K/14	K30/9	
181	207	MACIEJ	JARASZEK	M	1984	ŁÓDŹ		00:25:07	229	00:04:38	01:33:16	195	00:02:20	02:31:28	00:51:15	74	02:56:36	M/167	M30/75	MWL/M/94
182	255	PAULINA	OSTASZEWSKA	K	1989	WARSZAWA		00:20:52	160	00:03:44	01:32:47	190	00:01:18	02:27:18	00:58:03	169	02:56:44	K/15	K20/3	
183	151	MATEUSZ	MIKOŁAJCZYK	M	1981	ŁÓDŹ		00:19:31	94	00:04:02	01:34:53	208	00:01:55	02:27:01	00:57:26	159	02:56:47	M/168	M30/76	MWL/M/95
184	283	MAREK	GAŚIOREK	M	1961	WÓŁKA KOZODAWSKA	KONDYCJA PIASECZNO	00:25:44	230	00:01:56	01:29:20	160	00:02:18	02:28:55	00:57:51	167	02:57:09	M/169	M50/8	DEBIUT/M/16
185	107	KONRAD	SIENNICKI	M	1977	BUKOWIEC		00:30:44	238	00:03:06	01:28:20	146	00:02:05	02:31:32	00:53:03	102	02:57:18	M/170	M40/69	DEBIUT/M/17 MWL/M/96
186	53	PAWEŁ	MAJEWSKI	M	1976	WARSZAWA		00:17:24	57	00:03:07	01:30:25	170	00:01:41	02:25:41	01:05:07	223	02:57:44	M/171	M40/70	
187	180	ANDRZEJ	CHMIEL	M	1956	ŁÓDŹ	PULS TRI TEAM	00:23:18	204	00:03:51	01:28:05	143	00:01:43	02:27:04	01:00:59	194	02:57:56	M/172	M60/2	MWL/M/97
188	204	MARCIN	MACIEJAK	M	1973	ŻYRARDÓW	JANUSZE TRIATHLONU	00:23:37	212	00:03:30	01:30:11	169	00:01:27	02:28:10	00:59:12	177	02:57:57	M/173	M40/71	
189	141	MARCIN	MOSTAFA	M	1979	WARSZAWA		00:22:45	193					02:28:11	00:58:41	174	02:57:58	M/174	M30/77	
190	122	BARTŁOMIEJ	WARDZIŃSKI	M	1993	D MOSIN	BATMAN	00:21:22	164	00:05:41	01:32:01	182	00:02:01	02:29:28	00:57:08	155	02:58:13	M/175	M20/17	DEBIUT/M/18 MWL/M/98
191	183	BARTŁOMIEJ	NOGA	M	1978	ZIERZÓW		00:23:14	202	00:03:36	01:35:23	210	00:01:28	02:30:14	00:55:10	133	02:58:51	M/176	M40/72	MWL/M/99
192	77	ADAM	FURTAK	M	1977	NOGA		00:23:38	213	00:03:40	01:33:17	196	00:01:17	02:29:26	00:57:35	162	02:59:27	M/177	M40/73	
193	130	PIOTR	BIERNACKI	M	1978	PIASECZNO	CRAZY RACING TEAM	00:24:42	226	00:03:09	01:29:19	159	00:01:16	02:31:40	01:01:28	199	02:59:54	M/178	M40/74	
194	171	RAFAŁ	MARKOWIAK	M	1979	ŁÓDŹ	KS CELIRONMAN	00:23:44	216	00:04:36	01:37:09	216	00:01:45	02:33:21	00:52:59	101	03:00:13	M/179	M30/78	DEBIUT/M/19 MWL/M/100
195	268	SYLWIA	KŁYSZEJKO	K	1977	ŁÓDŹ	CELIRONMAN	00:23:41	214	00:03:14	01:37:24	218	00:02:05	02:33:19	00:53:57	117	03:00:21	K/16	K40/4	MWL/K/6
196	95	PAWEŁ	SOKALSKI	M	1971	ŁÓDŹ		00:23:20	205	00:03:45	01:32:25	186	00:01:57	02:30:36	00:59:11	176	03:00:38	M/180	M40/75	MWL/M/101
197	267	PIOTR	WACHNIK	M	1987	WARSZAWA	CROSSFIT GCW	00:19:38	129	00:02:36	01:36:42	214	00:01:58	02:30:56	01:00:10	188	03:01:04	M/181	M30/79	
198	14	MICHAŁ	JAKUBOWSKI	M	1981	ŁÓDŹ	FIT_OBSESSION	00:19:56	138	00:03:10	01:33:42	198	00:01:24	02:29:09	01:03:05	214	03:01:17	M/182	M30/80	MWL/M/102
199	212	MARIUSZ	GORZEŃ	M	1974	ŁÓDŹ		00:20:24	152	00:03:04	01:33:04	193	00:00:47	02:27:18	01:04:18	220	03:01:37	M/183	M40/76	MWL/M/103
200	169	TOMASZ	WIŚNIEWSKI	M	1970	WARSZAWA	KPMG RUNNING CLUB	00:21:24	166	00:03:19	01:38:32	227	00:01:30	02:32:39	00:56:52	152	03:01:37	M/184	M40/77	
201	119	MATEUSZ	ANIELAK	M	1991	ŁÓDŹ		00:22:11	180	00:04:32	01:33:37	197	00:02:02	02:32:09	00:59:42	183	03:02:04	M/185	M20/18	DEBIUT/M/20 MWL/M/104
202	164	PAWEŁ	KLUZA	M	1986	CHORZÓW		00:21:35	168	00:03:14	01:32:47	191	00:01:32	02:31:30	01:03:03	213	03:02:11	M/186	M30/81	DEBIUT/M/21
203	152	JAREK	KOWALCZYK	M	1982	WARSZAWA		00:23:12	201	00:03:05	01:36:17	212	00:01:46	02:33:03	00:58:12	172	03:02:32	M/187	M30/82	
204	45	GABRIEL	RYBCZYŃSKI	M	1982	KONSTANTYNÓW ŁÓDZKI		00:24:41	225	00:03:29	01:27:18	132	00:02:23	02:30:18	01:05:32	225	03:03:23	M/188	M30/83	DEBIUT/M/22 MWL/M/105
205	155	HUBERT	UKOŁÓW	M	1988	ZĄBKI	BIEGAM BO LUBIĘ ZĄBKI TEAM	00:30:47	239	00:05:31	01:30:51	171	00:02:31	02:36:41	00:53:54	116	03:03:34	M/189	M30/84	
206	74	PIOTR	MICHALSKI	M	1982	STARA IWICZNA		00:22:34	187	00:02:59	01:34:25	205	00:01:02	02:31:45	01:02:36	210	03:03:36	M/190	M30/85	
207	143	MATEUSZ	SZWARCER	M	1980	ŁÓDŹ	DROGA WOLNA	00:22:29	186	00:03:52	01:33:57	200	00:02:25	02:34:23	01:01:08	197	03:03:51	M/191	M30/86	DEBIUT/M/23 MWL/M/106
208	61	TOMASZ	STOPA	M	1973	WARSZAWA	BASAJAUN	00:23:34	211	00:03:29	01:33:08	194	00:02:00	02:34:14	01:02:29	208	03:04:40	M/192	M40/78	
209	199	ŁUKASZ	PRZYBYLSKI	M	1990	SZADEK	DUCH POSTEPU	00:29:37	236	00:01:36	01:28:53	155	00:01:01	02:32:44	01:03:48	217	03:04:55	M/193	M20/19	MWL/M/107
210	254	KAROL	SZYMCZYK	M	1992	RUDA ŚLĄSKA		00:19:18	116	00:03:51	01:32:44	189	00:02:46	02:31:04	01:06:41	228	03:05:20	M/194	M20/20	DEBIUT/M/24
211	135	JUSTYNA	PASTWIŃSKA	K	1989	ŁÓDŹ	ŁÓDŹ RUNNING TEAM	00:23:08	200	00:04:45	01:41:40	229	00:01:18	02:38:06	00:55:00	129	03:05:51	K/17	K20/4	DEBIUT/K/3 MWL/K/7
212	172	TOMASZ	KOWALEWSKI	M	1986	BRZEZINY		00:23:26	209	00:05:43	01:29:04	157	00:02:01	02:31:27	01:06:32	227	03:06:46	M/195	M30/87	DEBIUT/M/25 MWL/M/108
213	187	SLAWOMIR	SULIK	M	1973	ODRANO-WOLA	ODRANKA TEAM	00:21:48	174	00:04:34	01:34:07	202	00:01:39	02:34:25	01:04:54	222	03:07:02	M/196	M40/79	
214	115	DARIUSZ	STANISZEWSKI	M	1968	RABIEŃ KŁODZI		00:21:07	163	00:02:55	01:38:02	224	00:00:52	02:34:06	01:04:12	219	03:07:08	M/197	M50/9	MWL/M/109
215	103	PAWEŁ	SZYMAŁA	M	1979	ŁÓDŹ		00:23:26	208	00:04:55	01:37:47	221	00:00:43	02:37:04	01:00:36	191	03:07:27	M/198	M30/88	MWL/M/110
216	134	SZYMON	GIMZIŃSKI	M	1986	ŁÓDŹ		00:26:32	232	00:02:28	01:38:30	226	00:01:17	02:36:36	00:58:42	175	03:07:29	M/199	M30/89	MWL/M/111
217	13	ADAM	CIECHAŃSKI	M	1996	BUKOWIEC	TRUCHT.COM	00:20:17	150	00:02:16	01:37:50	222	00:01:29	02:33:54	01:05:38	226	03:07:30	M/200	M20/21	DEBIUT/M/26 MWL/M/112
218	188	ZBIGNIEW	JĘDRZEJCZAK	M	1972	STRYKÓW		00:21:40	170	00:07:49	01:34:11	203	00:01:19	02:35:38	01:03:14	216	03:08:13	M/201	M40/80	DEBIUT/M/27 MWL/M/113
219	66	MARCIN	GUJSKI	M	1981	MIŃSK MAZOWIECKI	TRIPAKA	00:24:04	219	00:03:20	01:30:52	172	00:01:37	02:34:14	01:08:32	232	03:08:25	M/202	M30/90	
220	125	ROBERT	PIETRUSIŃSKI	M	1962	ANTONIEW		00:18:38	99	00:04:16	01:34:19	204	00:03:14	02:34:26	01:08:19	230	03:08:46	M/203	M50/10	DEBIUT/M/28 MWL/M/114
221	147	DARIUSZ	BONIECKI	M	1981	ŁÓDŹ	CELIRONMAN	00:17:41	64	00:02:48	01:37:45	220	00:01:48	02:32:25	01:08:53	234	03:08:55	M/204	M30/91	DEBIUT/M/29 MWL/M/115
222	126	IZABELA	OCIESIELSKA	K	1970	ANTONIEW		00:19:51	136	00:03:42	01:44:14	234	00:01:16	02:38:14	01:00:00	187	03:09:03	K/18	K40/5	DEBIUT/K/4 MWL/K/8
223	145	TOMASZ	WODNICKI	M	1983	ŁÓDŹ		00:20:32	156	00:06:03	01:37:40	219	00:01:02	02:37:26	01:05:20	224	03:10:37	M/205	M30/92	DEBIUT/M/30 MWL/M/116
224	27	ARKADIUSZ	KOCIK	M	1968	ŁÓDŹ		00:23:50	217	00:03:09	01:42:06	230	00:02:03	02:40:34	00:59:37	182	03:10:45	M/206	M50/11	MWL/M/117
225	162	ANDRZEJ	POSZLEŻNY	M	1980	WARSZAWA	POSHEL TRI CLUB	00:19:34	124	00:04:10	01:36:33	213	00:01:23	02:36:10	01:10:27	235	03:12:07	M/207	M30/93	
226	42	RAFAŁ	OWCZAREK	M	1976	ŁÓDŹ	ZAWSZE POD GÓRKĘ I	00:23:28	210	00:06:32	01:38:01	223	00:01:37	02:39:52	01:02:50	212	03:12:28	M/208	M40/81	DEBIUT/M/31 MWL/M/118
227	68	ŁUKASZ	POGOŃSKI	M	1977	JÓZEFÓW		00:22:21	183	00:04:21	01:42:13	232	00:00:42	02:41:29	01:03:09	215	03:12:46	M/209	M40/82	MWL/M/119

MSC	NR	NAZWISKO	IMIĘ	PLEĆ	Rok ur.	MIEJSCOWOŚĆ	KLUB	plywanie	poz. pływania	t1	czas rower	poz. rower	t2	5 km	bieg	poz. bieg	WYNIK	Klas. plci	Klas. wiek.	Klas. Inna kat.
228	235	PRZEMYSŁAW	GODULA	M	1984	ŁÓDŹ	ŁKFŚ	00:21:48	175	00:03:56	01:32:18	185	00:02:39	02:34:42	01:12:12	236	03:12:53	M/210	M30/94	MWŁ/M/120
229	168	JOANNA	SPUŁTOWSKA	K	1972	ŁÓDŹ	VEOLIA	00:28:09	234	00:04:15	01:46:30	237	00:00:41	02:46:11	00:53:23	108	03:12:58	K/19	K40/6	MWŁ/K/9
230	261	KASPER	ŚLUSARCZYK	M	1989	OPOLE		00:24:31	224	00:02:36	01:42:09	231	00:01:46	02:41:45	01:02:21	205	03:13:23	M/211	M20/22	DEBIUT/M/32
231	76	MICHAŁ	DRYŃKOWSKI	M	1973	ŁÓDŹ		00:19:50	135	00:04:51	01:29:50	167	00:02:58	02:34:11	01:16:40	240	03:14:09	M/212	M40/83	MWŁ/M/121
232	148	BARTOSZ	EGER	M	1980	ŁÓDŹ		00:18:09	83	00:04:32	01:34:31	206	00:02:30	02:38:37	01:14:28	237	03:14:10	M/213	M30/95	MWŁ/M/122
233	285	MAGDALENA	PAWŁAK	K	1997	ŁÓDŹ		00:17:06	47	00:02:49	01:44:38	235	00:01:52	02:39:17	01:08:23	231	03:14:48	K/20	K20/5	MWŁ/K/10
234	237	MICHAŁ	OKOŃ	M	1975	GDYNIA	PARKRUN GDYNIA	00:23:57	218	00:04:32	01:35:34	211	00:03:14	02:42:35	01:08:01	229	03:15:18	M/214	M40/84	
235	65	MATEUSZ	WINIECKI	M	1989	ŁÓDŹ	ŁÓDŹ RUNNING TEAM	00:18:40	102	00:02:20	01:37:23	217	00:01:31	02:34:21	01:15:36	239	03:15:30	M/215	M20/23	MWŁ/M/123
236	117	TOMASZ	SZYMALA	M	1979	ŁÓDŹ		00:30:50	240	00:03:25	01:38:12	225	00:00:53	02:44:58	01:02:50	211	03:16:10	M/216	M30/96	MWŁ/M/124
237	174	ROBERT	KRAKOWIAK	M	1968	ŁÓDŹ		00:26:11	231	00:03:36	01:40:12	228	00:01:39	02:43:13	01:04:32	221	03:16:10	M/217	M50/12	DEBIUT/M/33 MWŁ/M/125
238	11	RADOSŁAW	OPASIAK	M	1988	ŁÓDŹ	BORG AUTOMOTIVE SPORT TEAM	00:29:14	235	00:04:59	01:33:44	199	00:01:29	02:44:07	01:08:33	233	03:17:59	M/218	M30/97	MWŁ/M/126
239	219	RENATA	BINIEWICZ	K	1972	ŁĘCZYCA	BORUTA TEAM	00:31:44	241	00:03:18	01:43:27	233	00:00:49	02:50:41	01:02:16	204	03:21:34	K/21	K40/7	MWŁ/K/11
240	184	PAWEŁ	KRAKOWIAK	M	1975	ŁÓDŹ		00:32:49	242	00:04:08	01:45:41	236	00:01:21	03:02:25	01:15:31	238	03:39:30	M/219	M40/85	DEBIUT/M/34 MWŁ/M/127
241	196	ANNA	DURKA	K	1984	ŁÓDŹ		00:30:31	237	00:04:16	01:54:34	239	00:02:18	03:18:31	01:30:09	241	04:01:48	K/22	K30/10	MWŁ/K/12
242	72	ELIZA	PROMIŃSKA-GOSS	K	1978	NOWE CHRUSTY	RAJSPORT ACTIVE, BIEGAM WSPIERAM MOTYWUJE , WINTER SWIMMING TEAM POLAND	00:27:41	233	00:03:30	01:54:24	238	00:04:01	03:18:43	01:35:34	242	04:05:10	K/23	K40/8	MWŁ/K/13