



III GOSTYNIŃSKI BIEG ZAMKOWY – NIEPODLEGŁA 2018
Gostynin 17.06.2018
5 km

inesSport
Nasza pasja, wasza satysfakcja

| MSC | NR | NAZWISKO | IMIĘ | PŁEĆ | Rok ur. | MIEJSCOWOŚĆ | KRAJ | KLUB | WYNIK | CZAS NETTO | tempo (min/ km) | klas. pici | klas. wiek. |
|-----|-----|--------------------|-------------|------|---------|-------------|--------|--------------------------------|----------|------------|--------------------|------------|-------------|
| 1 | 219 | ANDRZEJ | PIĘTKA | M | 1975 | GOSTYNIN | POLSKA | SPORTOWA ZAKŁADOWA GOSTYNIN | 00:20:02 | 4:00 | M/1 | M40/1 | |
| 2 | 220 | PIOTR | OSMOLAK | M | 1979 | GOSTYNIN | POLSKA | | 00:20:45 | 4:09 | M/2 | M30/1 | |
| 3 | 194 | ADAM | ILKIEWICZ | M | 1981 | WARSZAWA | POLSKA | 3BRO | 00:20:49 | 4:10 | M/3 | M30/2 | |
| 4 | 89 | ADAM | CYGAŃSKI | M | 1991 | ŁANIAĘTA | POLSKA | | 00:20:51 | 4:10 | M/4 | M20/1 | |
| 5 | 52 | PRZEMYSŁAW | DOBRZYŃSKI | M | 1978 | GOSTYNIN | POLSKA | SZUKAM_SPONSORA_TEAM | 00:20:56 | 4:11 | M/5 | M40/2 | |
| 6 | 85 | MARCIN | MARUSZEWSKI | M | 1982 | BRWILNO | POLSKA | ACTIVE RUNNERS PŁOCK | 00:21:45 | 4:21 | M/6 | M30/3 | |
| 7 | 115 | KAROL | KĄCKI | M | 1979 | WARSZAWA | POLSKA | SEKCJA BIEGOWA GUS | 00:22:31 | 4:30 | M/7 | M30/4 | |
| 8 | 135 | DARIUSZ | KUNECKI | M | 1984 | WŁOCŁAWEK | POLSKA | WKB MARATOŃCZYK WŁOCŁAWEK | 00:22:33 | 4:31 | M/8 | M30/5 | |
| 9 | 211 | PIOTR | DYMEL | M | | PŁOCK | POLSKA | | 00:22:49 | 4:34 | M/9 | | |
| 10 | 209 | KAMIL | BILIŃSKI | M | 1988 | WROCŁAW | POLSKA | | 00:23:05 | 4:37 | M/10 | M30/6 | |
| 11 | 125 | EMIL WASZKOWSKI | WASZKOWSKI | M | 1992 | WARSZAWA | POLSKA | | 00:23:21 | 4:40 | M/11 | M20/2 | |
| 12 | 167 | KACPER | MAJEWSKI | M | 2000 | GOSTYNIN | POLSKA | | 00:23:26 | 4:41 | M/12 | M16/1 | |
| 13 | 30 | DAMIAN | DEGNER | M | 1995 | PŁOCK | POLSKA | ACTIVE RUNNERS PŁOCK | 00:23:43 | 4:45 | M/13 | M20/3 | |
| 14 | 24 | ŁUKASZ | MAJCHRZAK | M | 1991 | ŁODZ | POLSKA | PIETRZYK RUNNING TEAM | 00:23:47 | 4:45 | M/14 | M20/4 | |
| 15 | 90 | ALICJA | ZIĘTEK | K | 1992 | ŁANIAĘTA | POLSKA | | 00:23:57 | 4:47 | K/1 | K20/1 | |
| 16 | 174 | PIOTR | SIEMIŃSKI | M | 1989 | ŁÓDŹ | POLSKA | | 00:24:02 | 4:48 | M/15 | M20/5 | |
| 17 | 175 | KLAUDIA | KLIK | K | 1989 | ŁÓDŹ | POLSKA | | 00:24:03 | 4:49 | K/2 | K20/2 | |
| 18 | 147 | KAMIL | ŻYCIŃSKI | M | 1992 | GOSTYNIN | POLSKA | | 00:24:40 | 4:56 | M/16 | M20/6 | |
| 19 | 131 | WOJCIECH | MAJEWSKI | M | 1991 | ŁÓDŹ | POLSKA | NORDEA RUNNERS | 00:24:42 | 4:56 | M/17 | M20/7 | |
| 20 | 180 | PAWEŁ | STOLIŃSKI | M | 1981 | GOSTYNIN | POLSKA | | 00:24:58 | 5:00 | M/18 | M30/7 | |
| 21 | 101 | RADOSŁAW | RUDZIŃSKI | M | 1983 | GOSTYNIN | POLSKA | | 00:25:35 | 5:07 | M/19 | M30/8 | |
| 22 | 196 | RENATA | CISKA | K | 1982 | PŁOCK | POLSKA | | 00:26:49 | 5:22 | K/3 | K30/1 | |
| 23 | 217 | EWA | DEJNECKA | K | 1986 | TORUŃ | POLSKA | | 00:26:54 | 5:23 | K/4 | K30/2 | |
| 24 | 156 | KRZYSZTOF | GAPŃSKI | M | 1978 | GOSTYNIN | POLSKA | | 00:26:55 | 5:23 | M/20 | M40/3 | |
| 25 | 105 | DANIEL | SZCZEPAŃSKI | M | 1981 | GOSTYNIN | POLSKA | | 00:27:13 | 5:27 | M/21 | M30/9 | |
| 26 | 108 | PAWEŁ | TALAGA | M | 1975 | KUTNO | POLSKA | KUTNO BIEGA | 00:27:16 | 5:27 | M/22 | M40/4 | |
| 27 | 204 | WIESŁAW | ADAMSKI | M | 1958 | GOSTYNIN | POLSKA | MOSIR GOSTYNIN | 00:27:19 | 5:28 | M/23 | M60/1 | |
| 28 | 21 | WOJCIECH | GODLEWSKI | M | 1973 | GOSTYNIN | POLSKA | GOSTYNIN RUNNING TEAM | 00:27:27 | 5:29 | M/24 | M40/5 | |
| 29 | 114 | OLGA | KĄCKA | K | 1979 | WARSZAWA | POLSKA | UKA | 00:27:28 | 5:30 | K/5 | K30/3 | |
| 30 | 163 | MARIUSZ | BARANOWSKI | M | 1985 | KUTNO | POLSKA | KUTNO BIEGA | 00:27:35 | 5:31 | M/25 | M30/10 | |
| 31 | 88 | STANISŁAW | GRZELAK | M | 1972 | PŁOCK | POLSKA | ACTIVE RUNNERS PŁOCK | 00:27:52 | 5:34 | M/26 | M40/6 | |
| 32 | 13 | IWONA | MARKUS | K | 1983 | GOSTYNIN | POLSKA | | 00:27:54 | 5:35 | K/6 | K30/4 | |
| 33 | 169 | MAGDALENA | KRAJEWSKA | K | 1984 | PŁOCK | POLSKA | | 00:28:08 | 5:38 | K/7 | K30/5 | |
| 34 | 145 | KRZYSZTOF | TOMASZEWSKI | M | 1974 | WROCŁAW | POLSKA | | 00:28:12 | 5:38 | M/27 | M40/7 | |



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| MSC | NR | NAZWISKO | IMIĘ | PŁEĆ | Rok ur. | MIEJSCOWOŚĆ | KRAJ | KLUB | WYNIK | CZAS NETTO | tempo (min/ km) | klas. poci | klas. wiek. |
|-----|-----|-----------|-------------|------|---------|--------------------|--------|---------------------------|-------|------------|--------------------|------------|-------------|
| 35 | 227 | MARCIN | CZECH | M | 1983 | GOSTYNIN | POLSKA | | | 00:28:13 | 5:39 | M/28 | M30/11 |
| 36 | 19 | RAFAŁ | PIASKOWSKI | M | 1984 | PŁOCK | POLSKA | | | 00:28:19 | 5:40 | M/29 | M30/12 |
| 37 | 84 | MARCIN | KAPUŚCIŃSKI | M | 1980 | WARSZAWA | POLSKA | PKO BANK POLSKI | | 00:28:24 | 5:41 | M/30 | M30/13 |
| 38 | 11 | ANDRZEJ | KUJAWSKI | M | 1953 | GOSTYNIN | POLSKA | SIEMOWIT IV | | 00:28:28 | 5:42 | M/31 | M60/2 |
| 39 | 138 | RADOSŁAW | MARCINIAK | M | 1986 | PŁOCK | POLSKA | ACTIVE RUNNERS PŁOCK | | 00:28:50 | 5:46 | M/32 | M30/14 |
| 40 | 111 | MARIOLA | SIEMIŃSKA | K | 1982 | GOSTYNIN | POLSKA | ZAKŁADOWA BIEGA | | 00:28:58 | 5:48 | K/8 | K30/6 |
| 41 | 161 | RADEK | KOWALSKI | M | 1989 | PŁOCK | POLSKA | | | 00:29:11 | 5:50 | M/33 | M20/8 |
| 42 | 187 | ROMUALD | BARANOWSKI | M | 1968 | PŁOCK | POLSKA | DYNAMIC | | 00:29:11 | 5:50 | M/34 | M50/1 |
| 43 | 80 | WERONIKA | POKROPIŃSKA | K | 1982 | BIERZEWICE | POLSKA | | | 00:29:13 | 5:51 | K/9 | K30/7 |
| 44 | 119 | AGNIESZKA | PETRYKOWSKA | K | 1971 | ŁĘCZYCA | POLSKA | CAUCHY TEAM | | 00:29:21 | 5:52 | K/10 | K40/1 |
| 45 | 83 | MARIUSZ | LEMAŃSKI | M | 1983 | WARSZAWA | POLSKA | BEMOWO | | 00:29:27 | 5:53 | M/35 | M30/15 |
| 46 | 116 | DARIUSZ | RACINOWSKI | M | 1963 | PŁOŃSK | POLSKA | K.B.IM.PIOTRA SĘKOWSKIEGO | | 00:29:28 | 5:54 | M/36 | M50/2 |
| 47 | 151 | ŁUKASZ | PAJĄK | M | 1981 | PŁOCK | POLSKA | | | 00:29:29 | 5:54 | M/37 | M30/16 |
| 48 | 179 | MARTYNA | KACZOROWSKA | K | 1983 | SOCHACZEW | POLSKA | | | 00:29:38 | 5:56 | K/11 | K30/8 |
| 49 | 106 | MARTA | KUCZMARSKA | K | 1986 | PŁOCK | POLSKA | | | 00:29:49 | 5:58 | K/12 | K30/9 |
| 50 | 35 | PIOTR | MATUSZEWSKI | M | 1954 | GOSTYNIN | POLSKA | PŁOCK BIEGA NO AGE LIMIT | | 00:29:54 | 5:59 | M/38 | M60/3 |
| 51 | 20 | PAWEŁ | NAWROCKI | M | 1983 | PŁOCK | POLSKA | | | 00:30:05 | 6:01 | M/39 | M30/17 |
| 52 | 54 | MAGDALENA | TYBURSKA | K | 1992 | PŁOCK | POLSKA | TRENING ROOM 92' | | 00:30:19 | 6:04 | K/13 | K20/3 |
| 53 | 214 | ANETA | REDLIŃSKA | K | 1992 | PŁOCK | POLSKA | TRENING ROOM 92 | | 00:30:20 | 6:04 | K/14 | K20/4 |
| 54 | 42 | EWA | SIERAKOWSKA | K | 1982 | SZCZAWIN KOŚCIELNY | POLSKA | | | 00:30:36 | 6:07 | K/15 | K30/10 |
| 55 | 96 | MONIKA | BINIEWICZ | K | 1990 | GOSTYNIN | POLSKA | | | 00:30:47 | 6:09 | K/16 | K20/5 |
| 56 | 183 | BOGUSZ | STAWICKI | M | 1962 | KUTNO | POLSKA | | | 00:31:06 | 6:13 | M/40 | M50/3 |
| 57 | 99 | MATEUSZ | ANGLARD | M | 1993 | ŁANIĘTA | POLSKA | | | 00:31:21 | 6:16 | M/41 | M20/9 |
| 58 | 160 | ROMAN | AUGUSTYŃSKI | M | 1980 | GOSTYNIN | POLSKA | INICJATYWA DLA GOSTYNINA | | 00:31:45 | 6:21 | M/42 | M30/18 |
| 59 | 91 | AGNIESZKA | PERCZYŃSKA | K | 1980 | GOSTYNIN | POLSKA | | | 00:32:13 | 6:27 | K/17 | K30/11 |
| 60 | 120 | MONIKA | SWICARZ | K | 1976 | PŁOCK | POLSKA | | | 00:32:17 | 6:27 | K/18 | K40/2 |
| 61 | 206 | AGNIESZKA | MRÓWCZYŃSKA | K | 1965 | GORZEWO | POLSKA | | | 00:32:23 | 6:29 | K/19 | K50/1 |
| 62 | 109 | PIOTR | KOTFAS | M | 1982 | GRODNO | POLSKA | | | 00:32:30 | 6:30 | M/43 | M30/19 |
| 63 | 107 | BEATA | SZPERNAL | K | 1964 | PŁOCK | POLSKA | | | 00:32:49 | 6:34 | K/20 | K50/2 |
| 64 | 140 | WIKTORIA | KUBIK | K | 2001 | GOSTYNIN | POLSKA | | | 00:32:49 | 6:34 | K/21 | K16/1 |
| 65 | 75 | WALDEMAR | WASIAK | M | 1980 | GOSTYNIN | POLSKA | | | 00:32:52 | 6:34 | M/44 | M30/20 |
| 66 | 158 | JUSTYNA | KACZOROWSKA | K | 1981 | PŁOCK | POLSKA | | | 00:33:10 | 6:38 | K/22 | K30/12 |
| 67 | 58 | DANUTA | DOBRZYŃSKA | K | 1982 | GOSTYNIN | POLSKA | SZUKAM_SPONSORA_TEAM | | 00:33:31 | 6:42 | K/23 | K30/13 |
| 68 | 70 | KRZYSZTOF | MARCINIAK | M | 1986 | PŁOCK | POLSKA | | | 00:34:30 | 6:54 | M/45 | M30/21 |
| 69 | 189 | BARBARA | ROGOWICZ | K | 1972 | PŁOCK | POLSKA | ACTIVE RUNNERS | | 00:34:38 | 6:56 | K/24 | K40/3 |



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| MSC | NR | NAZWISKO | IMIĘ | PŁEĆ | Rok ur. | MIEJSCOWOŚĆ | KRAJ | KLUB | WYNIK | CZAS NETTO | tempo (min/ km) | klas. pici | klas. wiek. |
|-----|-----|------------|---------------------|------|---------|------------------|--------|--------------------------|----------|------------|--------------------|------------|-------------|
| 70 | 73 | MARIA | GARGÓL | K | 1975 | ŁÓDŹ | POLSKA | | 00:35:07 | 7:01 | K/25 | K40/4 | |
| 71 | 72 | BEATA | TOMCZAK | K | 1988 | KUTNO | POLSKA | | 00:35:09 | 7:02 | K/26 | K30/14 | |
| 72 | 205 | PAULINA | CIEŚLAK | K | 1999 | GOSTYNIN | POLSKA | | 00:35:21 | 7:04 | K/27 | K16/2 | |
| 73 | 12 | JAKUB | BRZOZOWSKI | M | 2001 | GOSTYNIN | POLSKA | | 00:35:21 | 7:04 | M/46 | M16/2 | |
| 74 | 159 | WOJCIECH | BŁASZCZYK | M | 1977 | GOSTYNIN | POLSKA | | 00:35:27 | 7:05 | M/47 | M40/8 | |
| 75 | 207 | MAGDALENA | DALKOWSKA | K | 1985 | GOSTYNIN | POLSKA | | 00:36:49 | 7:22 | K/28 | K30/15 | |
| 76 | 190 | MICHAŁ | KŁOBUKOWSKI | M | 1984 | PŁOCK | POLSKA | | 00:37:08 | 7:26 | M/48 | M30/22 | |
| 77 | 142 | JUSTYNA | WIDERA | K | 1980 | MISZEWO MUROWANE | POLSKA | SOKÓŁ BODZANÓW | 00:37:24 | 7:29 | K/29 | K30/16 | |
| 78 | 102 | JADWIGA | RUDZIŃSKA | K | 1980 | GOSTYNIN | POLSKA | | 00:37:58 | 7:36 | K/30 | K30/17 | |
| 79 | 198 | ALEKSANDRA | MICHALSKA | K | 1985 | GOSTYNIN | POLSKA | | 00:39:28 | 7:54 | K/31 | K30/18 | |
| 80 | 223 | AGNIESZKA | OLESIŃSKA | K | 1988 | KUTNO | POLSKA | | 00:40:05 | 8:01 | K/32 | K30/19 | |
| 81 | 178 | ESTERA | MAMCZAREK | K | 1983 | KUTNO | POLSKA | | 00:41:18 | 8:16 | K/33 | K30/20 | |
| 82 | 182 | MARTA | PIASECKA | K | 1985 | KUTNO | POLSKA | | 00:42:31 | 8:30 | K/34 | K30/21 | |
| 83 | 210 | ALEKSANDRA | BILIŃSKA | K | 1985 | GOSTYNIN | POLSKA | | 00:42:33 | 8:31 | K/35 | K30/22 | |
| 84 | 213 | IZABELA | KALINOWSKA | K | 1983 | GOSTYNIN | POLSKA | | 00:42:43 | 8:33 | K/36 | K30/23 | |
| 85 | 212 | PAWEŁ | KALINOWSKI | M | 1983 | GOSTYNIN | POLSKA | | 00:42:43 | 8:33 | M/49 | M30/23 | |
| 86 | 164 | KONRAD | SZYPERSKI | M | 1978 | GOSTYNIN | POLSKA | INICJATYWA DLA GOSTYNINA | 00:43:04 | 8:37 | M/50 | M40/9 | |
| 87 | 154 | AGNIESZKA | KORAJCZYK-SZYPERSKA | K | 1978 | GOSTYNIN | POLSKA | INICJATYWA DLA GOSTYNINA | 00:43:04 | 8:37 | K/37 | K40/5 | |
| 88 | 202 | ALICJA | LASKOWSKA | K | 2000 | GOSTYNIN | POLSKA | | 00:47:44 | 9:33 | K/38 | K16/3 | |
| 89 | 203 | MONIKA | LASKOWSKA | K | 1974 | GOSTYNIN | POLSKA | | 00:47:46 | 9:33 | K/39 | K40/6 | |



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10 km

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| MSC | NR | NAZWISKO | IMIĘ | PLEĆ | Rok ur. | MIEJSCOWOŚĆ | KRAJ | KLUB | WYNIK | CZAS NETTO | tempo (min/km) | klas. wiek. | klas. płci |
|-----|-----|---------------------|--------------|------|---------|---------------------|--------|---|----------|------------|----------------|-------------|------------|
| 1 | 74 | SEBASTIAN | PETRYKOWSKI | M | 1981 | ŁĘCZYCA | POLSKA | CAUCHY TEAM | 00:40:48 | 4:05 | M/1 | M30/1 | |
| 2 | 216 | PAWEŁ | WOJTCZAK | M | 1985 | GOSTYNIN | POLSKA | SZUKAM SPONSORA GOSTYNIN | 00:42:20 | 4:14 | M/2 | M30/2 | |
| 3 | 41 | MARCIN | CYPARSKI | M | 1979 | PŁOCK | POLSKA | ACTIVE RUNNERS PŁOCK | 00:43:13 | 4:19 | M/3 | M30/3 | |
| 4 | 61 | KAMIL | GOSZCZYŃSKI | M | 1999 | PŁOCK | POLSKA | ACTIVE RUNNERS PŁOCK | 00:43:30 | 4:21 | M/4 | M16/1 | |
| 5 | 46 | RAFAŁ | PRZYBYLSKI | M | 1981 | KUTNO | POLSKA | PRZYBYL-KUTNO | 00:44:17 | 4:26 | M/5 | M30/4 | |
| 6 | 69 | KONRAD | CYBULSKI | M | 1973 | KUTNO | POLSKA | HTF CELIRONMAN | 00:44:32 | 4:27 | M/6 | M40/1 | |
| 7 | 43 | GRZEGORZ | WOJTYCKI | M | 1971 | PŁOCK | POLSKA | BIEGAMPŁOCK TEAM | 00:44:37 | 4:28 | M/7 | M40/2 | |
| 8 | 118 | REMIGIUSZ | MICHALAK | M | 1981 | ŻYCHLIN | POLSKA | ROZBIEGANI-ŻYCHLIN | 00:46:01 | 4:36 | M/8 | M30/5 | |
| 9 | 59 | CZESŁAW | BŁASZCZYK | M | 1964 | KROŚNIEWICE | POLSKA | STOWARZYSZENIE INTEGRACJA W KROŚNIEWICACH | 00:46:08 | 4:37 | M/9 | M50/1 | |
| 10 | 123 | PRZEMYSŁAW MILEWSKI | MILEWSKI | M | 1979 | WŁOCLAWEK | POLSKA | | 00:46:29 | 4:39 | M/10 | M30/6 | |
| 11 | 218 | KRZYSZTOF | KAMIŃSKI | M | 1981 | PŁOCK | POLSKA | GĄBIN BIEGA | 00:46:42 | 4:40 | M/11 | M30/7 | |
| 12 | 79 | PAWEŁ | POPŁONKOWSKI | M | 1960 | WŁOCLAWEK | POLSKA | WIKI POLSKA | 00:47:12 | 4:43 | M/12 | M50/2 | |
| 13 | 143 | PRZEMEK | STRYCHAŁSKI | M | 2000 | CHWALBORZYCE | POLSKA | | 00:47:36 | 4:46 | M/13 | M16/2 | |
| 14 | 25 | SŁAWOMIR | LASOTA | M | 1956 | GOSTYNIN | POLSKA | | 00:47:47 | 4:47 | M/14 | M60/1 | |
| 15 | 193 | KACPER | SZYSZKA | M | 2000 | KUTNO | POLSKA | KUTNO BIEGA | 00:48:01 | 4:48 | M/15 | M16/3 | |
| 16 | 172 | ŁUKASZ | LEWANDOWICZ | M | 1988 | GOSTYNIN | POLSKA | SZUKAM_SPONSOR_TEAM | 00:48:08 | 4:49 | M/16 | M30/8 | |
| 17 | 181 | RAFAŁ BY | WÓJCIK | M | 1984 | MANKOWO | POLSKA | ACTIVE RUNNERS PŁOCK | 00:48:25 | 4:51 | M/17 | M30/9 | |
| 18 | 170 | MACIEJ | SKULSKI | M | 1986 | PŁOCK | POLSKA | | 00:48:38 | 4:52 | M/18 | M30/10 | |
| 19 | 199 | EMIL | MACHAŁA | M | 1988 | SŁUBICE | POLSKA | | 00:49:11 | 4:55 | M/19 | M30/11 | |
| 20 | 60 | IGOR | KEMICER | M | 2000 | PŁOCK | POLSKA | | 00:49:58 | 5:00 | M/20 | M16/4 | |
| 21 | 185 | ARTUR | MATUSIAK | M | 1974 | KUTNO | POLSKA | | 00:50:23 | 5:02 | M/21 | M40/3 | |
| 22 | 15 | JULITA | TITZ-KOZA | K | 1981 | ŁÓDŹ | POLSKA | SZAKALE BAŁUT ŁÓDŹ | 00:50:29 | 5:03 | K/1 | K30/1 | |
| 23 | 55 | MARCELI | JĘDRZEJEWSKI | M | 1974 | GOSTYNIN | POLSKA | PŁOCK BIEGA NO AGE LIMIT | 00:50:41 | 5:04 | M/22 | M40/4 | |
| 24 | 29 | EDMUND | STAŃCZAK | M | 1953 | PŁOCK | POLSKA | PŁOCK BIEGA NO AGE LIMIT | 00:50:59 | 5:06 | M/23 | M60/2 | |
| 25 | 65 | RAFAL | SOLDANSKI | M | 1977 | PŁOCK | POLSKA | | 00:51:25 | 5:09 | M/24 | M40/5 | |
| 26 | 67 | GRZEGORZ | TOPOLSKI | M | 1984 | WŁOCLAWEK | POLSKA | WIKI POLSKA RUNNING TEAM | 00:52:01 | 5:12 | M/25 | M30/12 | |
| 27 | 122 | PAWEŁ | BORKOWSKI | M | 1979 | GÓRA KALWARIA | POLSKA | LENIWCE BIEGAJĄ | 00:52:07 | 5:13 | M/26 | M30/13 | |
| 28 | 165 | KRZYSZTOF | SOBCZAK | M | 1968 | KUTNO | POLSKA | KUTNO BIEGA | 00:52:08 | 5:13 | M/27 | M50/3 | |
| 29 | 150 | GRZEGORZ | BORKOWSKI | M | 1982 | SZCZAWIN KOŚCIELNY | POLSKA | | 00:52:35 | 5:16 | M/28 | M30/14 | |
| 30 | 195 | ROMAN | TORZEWSKI | M | 1971 | BONIEWO | POLSKA | | 00:52:36 | 5:16 | M/29 | M40/6 | |
| 31 | 97 | KRZYSZTOF | DZIERBICKI | M | 1966 | NOWY DUNINÓW | POLSKA | MPEC | 00:52:44 | 5:16 | M/30 | M50/4 | |
| 32 | 100 | ARKADIUSZ | SZYMAŃSKI | M | 1983 | KUTNO | POLSKA | KUTNO BIEGA | 00:52:51 | 5:17 | M/31 | M30/15 | |
| 33 | 44 | ROMAN | PETRYKOWSKI | M | 1959 | PŁOCK | POLSKA | BIEGAMPŁOCK TEAM | 00:52:53 | 5:17 | M/32 | M50/5 | |
| 34 | 134 | DOROTA | BIELECKA | K | 1974 | KONSTANTYNÓW ŁÓDZKI | POLSKA | | 00:53:13 | 5:19 | K/2 | K40/1 | |



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|-----|-----|-----------------|---------------|------|---------|------------------|--------|---------------------------|-------|------------|----------------|-------------|------------|
| 35 | 226 | ALEKSANDRA | BOCHAŃSKA | K | 1975 | WROCŁAW | POLSKA | | | 00:53:15 | 5:20 | K/3 | K40/2 |
| 36 | 191 | GRZEGORZ | SZORTYKA | M | 1983 | PŁOCK | POLSKA | | | 00:53:30 | 5:21 | M/33 | M30/16 |
| 37 | 168 | KRZYSZTOF | LEWANDOWSKI | M | 1961 | BODZANÓW | POLSKA | SOKÓŁ BODZANÓW | | 00:53:30 | 5:21 | M/34 | M50/6 |
| 38 | 117 | MICHAŁ | OCHOCKI | M | 1980 | SULEJÓWEK | POLSKA | PZU SPORT TEAM | | 00:53:51 | 5:23 | M/35 | M30/17 |
| 39 | 173 | JACEK | KOŁODZIEJSKI | M | 1972 | GĄBIN | POLSKA | | | 00:53:57 | 5:24 | M/36 | M40/7 |
| 40 | 221 | ANDRZEJ | BRZAŃKALSKI | M | 1985 | MURZYNOWO | POLSKA | | | 00:53:58 | 5:24 | M/37 | M30/18 |
| 41 | 51 | MICHAŁ | ROKICKI | M | 1974 | SŁUPNO | POLSKA | ORLEN RUNNING TEAM | | 00:54:03 | 5:24 | M/38 | M40/8 |
| 42 | 40 | ARTUR | GIERWATOWSKI | M | 1974 | CEKANOWO | POLSKA | | | 00:54:03 | 5:24 | M/39 | M40/9 |
| 43 | 186 | JAROSŁAW | GÓRALSKI | M | 1969 | KUTNO | POLSKA | KUTNO BIEGA | | 00:54:03 | 5:24 | M/40 | M40/10 |
| 44 | 38 | TOMASZ | PRZEDPEŁSKI | M | 1972 | ROGOZINO | POLSKA | ACTIVE RUNNERS PŁOCK | | 00:54:10 | 5:25 | M/41 | M40/11 |
| 45 | 166 | MATEUSZ | STOBNICKI | M | 1993 | NOWE GRABIE | POLSKA | GĄBIN BIEGA | | 00:54:11 | 5:25 | M/42 | M20/1 |
| 46 | 112 | MICHAŁ | FIRADZA | M | 1975 | KROŚNIEWICE | POLSKA | | | 00:54:16 | 5:26 | M/43 | M40/12 |
| 47 | 71 | JAROSŁAW | MUSIEROWICZ | M | 1967 | KUTNO | POLSKA | | | 00:54:28 | 5:27 | M/44 | M50/7 |
| 48 | 17 | KAMIL | PRZYBYŚLAWSKI | M | 1992 | GOSTYNIN | POLSKA | TRENING ROOM 92 | | 00:54:57 | 5:30 | M/45 | M20/2 |
| 49 | 148 | ROMEK | KRÓLIKOWSKI | M | 1972 | KUTNO | POLSKA | KUTNO | | 00:54:58 | 5:30 | M/46 | M40/13 |
| 50 | 34 | ŁUKASZ | KWIATKOWSKI | M | 1982 | KUTNO | POLSKA | | | 00:55:09 | 5:31 | M/47 | M30/19 |
| 51 | 50 | ZBIGNIEW | STAWICKI | M | 1971 | PŁOCK | POLSKA | BIEGAMPŁOCK TEAM | | 00:55:14 | 5:31 | M/48 | M40/14 |
| 52 | 86 | GRZEGORZ | JABŁOŃSKI | M | 1966 | PŁOCK | POLSKA | ORLEN RUNNING TEAM | | 00:55:21 | 5:32 | M/49 | M50/8 |
| 53 | 62 | ANDRZEJ | DŁUŻNIEWSKI | M | 1986 | KUTNO | POLSKA | | | 00:55:33 | 5:33 | M/50 | M30/20 |
| 54 | 39 | ANDRZEJ | SPRUCH | M | 1958 | ŁÓDŹ | POLSKA | | | 00:55:40 | 5:34 | M/51 | M60/3 |
| 55 | 93 | PIOTR GRABOWSKI | GRABOWSKI | M | 1991 | PŁOCK | POLSKA | | | 00:56:07 | 5:37 | M/52 | M20/3 |
| 56 | 201 | AGNIESZKA | FABISIAK | K | 1984 | GOSTYNIN | POLSKA | TRENING ROOM 92 | | 00:56:18 | 5:38 | K/4 | K30/2 |
| 57 | 149 | MACIEJ | KAZIMIERSKI | M | 1976 | KUTNO | POLSKA | KUTNO BIEGA | | 00:56:40 | 5:40 | M/53 | M40/15 |
| 58 | 63 | KAMIL | FIGIEL | M | 1994 | PŁOCK | POLSKA | | | 00:56:44 | 5:40 | M/54 | M20/4 |
| 59 | 56 | JÓZEF | KUBIAK | M | 1961 | SŁUPNO | POLSKA | ORLEN RUNNING TEAM | | 00:56:46 | 5:41 | M/55 | M50/9 |
| 60 | 192 | ADRIAN | FRĄCZKOWSKI | M | 1992 | ŁÓDŹ | POLSKA | | | 00:57:05 | 5:43 | M/56 | M20/5 |
| 61 | 53 | PIOTR | PISKORSKI | M | 1977 | GOLUB-DOBZYŃ | POLSKA | | | 00:57:07 | 5:43 | M/57 | M40/16 |
| 62 | 155 | ADRIAN | ŻYLAK | M | 1984 | WARSZAWA | POLSKA | | | 00:58:09 | 5:49 | M/58 | M30/21 |
| 63 | 66 | KATARZYNA | BIERNAT | K | 1978 | PŁOCK | POLSKA | | | 00:58:21 | 5:50 | K/5 | K40/3 |
| 64 | 45 | ZBIGNIEW | MRÓWKA | M | 1957 | GOSTYNIN | POLSKA | | | 00:58:30 | 5:51 | M/59 | M60/4 |
| 65 | 14 | ANDRZEJ | SZARMACH | M | 1980 | PŁOCK | POLSKA | PŁOCK BIEGA NO AGE LIMITS | | 00:58:59 | 5:54 | M/60 | M30/22 |
| 66 | 68 | PRZEMYSŁAW | ADAMSKI | M | 1995 | PŁOCK | POLSKA | ACTIVE RUNNERS PŁOCK | | 00:59:09 | 5:55 | M/61 | M20/6 |
| 67 | 184 | KUBA | DOŁĘGOWSKI | M | 1999 | GOSTYNIN | POLSKA | SOKÓŁ BODZANÓW | | 00:59:23 | 5:56 | M/62 | M16/5 |
| 68 | 141 | RADOSŁAW | WIDERA | M | 1976 | MISZEWO MUROWANE | POLSKA | SOKÓŁ BODZANÓW | | 00:59:23 | 5:56 | M/63 | M40/17 |
| 69 | 77 | KRZYSZTOF | NOWOTKA | M | 1975 | PŁOCK | POLSKA | PGB SPORTOWA PACZKA | | 00:59:24 | 5:56 | M/64 | M40/18 |
| 70 | 129 | JAKUB | ADRJAŃCZYK | M | 1988 | KUTNO | POLSKA | KUTNO | | 01:00:22 | 6:02 | M/65 | M30/23 |



III GOSTYNIŃSKI BIEG ZAMKOWY – NIEPODLEGŁA 2018
Gostynin 17.06.2018
10 km

inesSport
Nasza pasja, wasza satysfakcja

| MSC | NR | NAZWISKO | IMIĘ | PŁEĆ | Rok ur. | MIEJSCOWOŚĆ | KRAJ | KLUB | WYNIK | CZAS NETTO | tempo (min/km) | klas. wiek. | klas. płci |
|-----|-----|------------|---------------|------|---------|----------------------|--------|--------------------------|----------|------------|----------------|-------------|------------|
| 71 | 215 | KAROLINA | FLIS | K | 1992 | PŁOCK | POLSKA | PŁOCKA AKADEMIA BIEGOWA | 01:00:45 | | 6:05 | K/6 | K20/1 |
| 72 | 33 | ŁUKASZ | RYDZEWSKI | M | 1985 | GOSTYNIN | POLSKA | TRENING ROOM 92` | 01:00:46 | | 6:05 | M/66 | M30/24 |
| 73 | 224 | RAFAŁ | LIBERADZKI | M | 1981 | STEFANÓW | POLSKA | | 01:00:47 | | 6:05 | M/67 | M30/25 |
| 74 | 94 | KRZYSZTOF | CZERWIŃSKI | M | 1987 | GOSTYNIN | POLSKA | | 01:00:49 | | 6:05 | M/68 | M30/26 |
| 75 | 36 | MICHAŁ | ŁUSTYŃSKI | M | 1995 | RUSTÓW | POLSKA | | 01:00:59 | | 6:06 | M/69 | M20/7 |
| 76 | 37 | MALWINA | KUBIK | K | 1997 | GOSTYNIN | POLSKA | | 01:00:59 | | 6:06 | K/7 | K20/2 |
| 77 | 200 | HUBERT | SZULC | M | 1973 | GOSTYNIN | POLSKA | | 01:01:01 | | 6:06 | M/70 | M40/19 |
| 78 | 157 | AGNIESZKA | WOLIŃSKA | K | 1979 | KUTNO | POLSKA | | 01:01:01 | | 6:06 | K/8 | K30/3 |
| 79 | 152 | BEATA | KOSSOWSKA TOĆ | K | 1973 | KUTNO | POLSKA | KUTNO BIEGA | 01:01:04 | | 6:06 | K/9 | K40/4 |
| 80 | 153 | KAZIMIERZ | CIECHOMSKI | M | 1960 | KUTNO | POLSKA | | 01:01:12 | | 6:07 | M/71 | M50/10 |
| 81 | 23 | BARTŁOMIEJ | KUKULSKI | M | 1990 | KRAKÓW | POLSKA | | 01:01:59 | | 6:12 | M/72 | M20/8 |
| 82 | 87 | GRZEGORZ | NEJMAN | M | 1972 | PŁOCK | POLSKA | ACTIVE RUNNERS PŁOCK | 01:02:11 | | 6:13 | M/73 | M40/20 |
| 83 | 208 | RAFAŁ | WIŚNIEWSKI | M | 1982 | GOSTYNIN | POLSKA | | 01:03:13 | | 6:19 | M/74 | M30/27 |
| 84 | 136 | ŁUKASZ | GRZELAK | M | 1985 | GĄBIN | POLSKA | GĄBIN BIEGA | 01:03:16 | | 6:20 | M/75 | M30/28 |
| 85 | 130 | ANETA | KUBIK | K | 1976 | GOSTYNIN | POLSKA | | 01:04:02 | | 6:24 | K/10 | K40/5 |
| 86 | 124 | LEONARD | TYSZKIEWICZ | M | 1985 | NOWY DUNINÓW | POLSKA | | 01:04:09 | | 6:25 | M/76 | M30/29 |
| 87 | 64 | LESZEK | FIGIEL | M | 1969 | PŁOCK | POLSKA | | 01:04:21 | | 6:26 | M/77 | M40/21 |
| 88 | 162 | DARIUSZ | KOLIBCZYŃSKI | M | 1971 | PŁOCK | POLSKA | PŁOCK BIEGA NO AGE LIMIT | 01:04:35 | | 6:28 | M/78 | M40/22 |
| 89 | 139 | ŁUKASZ | WASILEWSKI | M | 1982 | PŁOCK | POLSKA | RUNNING CARROTS | 01:05:30 | | 6:33 | M/79 | M30/30 |
| 90 | 82 | ARKADIUSZ | BUGOWSKI | M | 1983 | PŁOCK | POLSKA | PEK-MONT RUN EKIPA | 01:05:39 | | 6:34 | M/80 | M30/31 |
| 91 | 18 | ADRIANNA | CYPARSKA | K | 1980 | PŁOCK | POLSKA | ACTIVE RUNNERS PŁOCK | 01:05:39 | | 6:34 | K/11 | K30/4 |
| 92 | 113 | RAFAŁ | ZALEWSKI | M | 1984 | GOSTYNIN | POLSKA | | 01:06:38 | | 6:40 | M/81 | M30/32 |
| 93 | 132 | MATEUSZ | STACHURSKI | M | 1992 | KUTNO | POLSKA | | 01:07:27 | | 6:45 | M/82 | M20/9 |
| 94 | 81 | CEZARY | URBANEK | M | 1992 | KUTNO | POLSKA | | 01:07:27 | | 6:45 | M/83 | M20/10 |
| 95 | 78 | BARTOSZ | ROMAŃSKI | M | 1987 | KUTNO | POLSKA | | 01:07:28 | | 6:45 | M/84 | M30/33 |
| 96 | 92 | EWELINA | CZERWIŃSKA | K | 1987 | GOSTYNIN | POLSKA | | 01:07:38 | | 6:46 | K/12 | K30/5 |
| 97 | 31 | DARIUSZ | ŻURAWSKI | M | 1974 | BURZENIN | POLSKA | MID WIDAWA | 01:07:42 | | 6:46 | M/85 | M40/23 |
| 98 | 133 | KRZYSZTOF | SOBIERAŃSKI | M | 1982 | KUTNO | POLSKA | KUTNO BIEGA | 01:08:28 | | 6:51 | M/86 | M30/34 |
| 99 | 128 | KAROL | GAJEWSKI | M | 1988 | PIOTRKÓW TRYBUNALSKI | POLSKA | | 01:08:29 | | 6:51 | M/87 | M30/35 |
| 100 | 57 | ŁUKASZ | PASIKOWSKI | M | 1982 | GOSTYNIN | POLSKA | | 01:08:30 | | 6:51 | M/88 | M30/36 |
| 101 | 225 | MARIA | PRZYGODA | K | 1986 | GOSTYNIN | POLSKA | | 01:09:26 | | 6:57 | K/13 | K30/6 |
| 102 | 137 | JULIA | STANKIEWICZ | K | 1982 | ŁÓDŹ | POLSKA | RUNNING CARROTS | 01:11:33 | | 7:09 | K/14 | K30/7 |
| 103 | 126 | TOMASZ | LEWICKI | M | 1976 | KUTNO | POLSKA | | 01:12:17 | | 7:14 | M/89 | M40/24 |
| 104 | 48 | TEODOZJA | JOZWIAK | K | 1956 | GOSTYNIN | POLSKA | | 01:15:35 | | 7:34 | K/15 | K50/1 |



III GOSTYNIŃSKI BIEG ZAMKOWY – NIEPODLEGŁA 2018
Gostynin 17.06.2018
10 km

inesSport
Nasza pasja, wasza satysfakcja

| MSC | NR | NAZWISKO | IMIĘ | PŁEĆ | Rok ur. | MIEJSCOWOŚĆ | KRAJ | KLUB | WYNIK | CZAS NETTO | tempo (min/km) | klas. wiek. | klas. płci |
|-----|-----|-----------|------------|------|---------|-------------|--------|----------------------|-------|------------|----------------|-------------|------------|
| 105 | 146 | DANIEL | PRZYGODA | M | 1982 | GOSTYNIN | POLSKA | #GWARANCJAPRZYGODY | | 01:19:07 | 7:55 | M/90 | M30/37 |
| 106 | 103 | SŁAWOMIR | JABŁOŃSKI | M | 1971 | PŁOCK | POLSKA | | | 01:19:50 | 7:59 | M/91 | M40/25 |
| 107 | 104 | KATARZYNA | JABŁOŃSKA | K | 1970 | PŁOCK | POLSKA | | | 01:19:51 | 7:59 | K/16 | K40/6 |
| 108 | 95 | LESZEK | GRABOWSKI | M | 1964 | LATCHORZEW | POLSKA | STARE BABICE BIEGAJĄ | | DNF | | | |
| 109 | 127 | KATARZYNA | ŚLUBOWSKA | K | 1982 | PŁOCK | POLSKA | | | DNF | | | |
| 110 | 121 | PAULINA | SITKIEWICZ | K | 1987 | ŻYCHLIN | POLSKA | ROZBIEGANI-ŻYCHLIN | | DNF | | | |